



BRIDGEMEDIA



**NEWSLETTER
JANUARY 2020**

Day Club

Are you, or do you know anyone who may be, interested in attending Bridgemed Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage - 01225 484904 email: Dayclub@bridgecare.org.uk

NEW YEAR'S WORD SEARCH



New Year's Word Search

J A N U A R Y F R I E N A C E
F R I E N D S Y A S R I L A H
N E Y S E R T I E M O W B L C
B S I L Y F A E N E I Y A E O
N O C R N V N V E Y D L B N U
A L D C L O C K L T I E Y D N
R U V E W M I D N I G H T A T
V T O A S T W S N O L Y I R D
G I A N I N G S E V E U A R O
C O N F E T T I T M I N G S W
R N O L C E L E B R A T I O N
A J A N U E L V E I M K E R A
Y P A R T Y H A A P Y S E V W
N E W Y E A R C L O K S O R Y
S H A P P Y E B A L L R E S O

BABY
BALL
CALENDAR
CELEBRATION
CLOCK
CONFETTI
COUNTDOWN
EVE

FAMILY
FRIENDS
HAPPY
JANUARY
MIDNIGHT
NEW YEAR
NOISEMAKER
PARTY

RESOLUTION
TOAST



“I will be with you always.”

“I will be with you; I will never leave you nor forsake you.” Joshua 1:5

The General Election and Christmas are now behind us and we can look forward to a New Year and a new decade. On a personal level, perhaps we make New Year resolutions or we hope that the new year will be different from the old one. However, on a national and international level we have the same difficulties: Brexit is still an on-going issue, there are still problems in the Middle East and elsewhere, and the world is still struggling with climate change and pollution problems. Some of you reading this will have heard King George VI's Christmas broadcast in 1939, just over three months after the outbreak of the Second World War. In it he quoted from Minnie Louise Haskins' poem:

“And I said to the man who stood at the gate of the year: Give me a light that I may tread safely into the unknown.”

And he replied, **“Go out into the darkness and put your hand into the Hand of God. That shall be to you better than light and safer than a known way.”**

The Bible reading above is the words of God to Joshua as he took over the leading of the people of Israel after the death of Moses. Those words to Joshua were perhaps what inspired the poet to write the poem last century. In fact God also said to Joshua, **“Be strong and courageous. Do not be afraid. Do not be discouraged.”** I wonder if you ever feel like that. Life on a personal level is getting more difficult as health and mobility present problems. The world around no longer seems to make any sense. Life almost seems a bit too much! Perhaps, like me, you need to keep reminding yourself of those words, **“Put your hand into the Hand of God.”** and **“I will be with you always.”**

Trustee Message

Greetings to you all at the start of 2020! I hope that you all had a joyous and peaceful Christmas.

It's the time of the year of sparkling brilliant days as well as dark mornings and long winter evenings; coats and scarves for short dashes outside and hurrying inside to get warm again. Some days are so cold and dreary that it's hard to remember what spring is like, but underneath the rain, wind, frost (and maybe snow?) everything is just waiting. There are buds on each branch ready to burst open, the birds are busy keeping up their strength to go on to nest, and I have bulbs already peeping out. And after all, the winter rains maintain our underground water reserves and the snow protect vulnerable shoots from frost. I find it so reassuring that God has made all things work together to enable all creation to provide such bounty for us all.

Bridgemoor always has come into its own at this time of year as a place of light, warmth and cheer for everyone whether resident or visiting, and particularly for our Day Club members who seem to really appreciate the company, so thanks to the Day Club and daily activities team for all their hard work and expertise. I was talking to one lovely lady the other day who particularly remarked that 'the food is really good ..', so thanks to our excellent Kitchen staff!! When one lives alone its sometimes difficult to muster the enthusiasm to cook, but how important a daily hot meal is in this weather!

Above all, Bridgemoor continues to welcome people as residents with a wide range of needs, and our core values; a Christian community offering highest quality of care, where each individual's dignity is respected and a best possible quality of life is encouraged, underpin our work. This all takes teamwork as for care and nursing staff alike as for everyone also concerned in the day to day running, so thank you all so much for all your hard work! I have been asked by a subscriber of this magazine for things to pray for, so, on behalf of my fellow trustees and staff, we would welcome prayer for the following. Sufficient dedicated staff to continue to provide excellent care, activity and a smooth day to day itinerary for residents and Day club members, volunteers to continue to visit and give their time so generously, and that, in these dark winter months that the building itself and the community it contains continue to be a safe, secure and welcoming haven for so many.

A very Happy New Year! - Clare Biss



**Sadly we say "Goodbye" to
Marion W**

Our Love and thoughts go out to their family and friends



HAPPY BIRTHDAY TO:-

Residents:

Sylvia C

Irene C

Dayclub:

John H

David K

JANUARY ACTIVITIES

Thurs	2nd Jan	Mo Jo - Arts and Crafts
Mon	6th Jan	Gavin Lazarus - Singer /Guitar
Wed	8th Jan	Now & Then - Singing Group
Tues	14th Jan	David Kniveton - Flute Player
Thurs	16th Jan	Magic Matt - Magician
Mon	20th Jan	Mike Renton
Weds	22nd Jan	Laurence Kell - violin/ukulele
Mon	27th Jan	Danny Guest - Singer/Rat Pack
Fri	31st Jan	Golden Toes - Seated Dance

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

2020, can you believe it!

I hope you all enjoyed your Christmas in whatever way you chose. My family get together numbered 10 plus two dogs – peaceful no, but we all enjoyed spending a few happy days together.

I've not much to report as our first committee meeting isn't until mid January when we shall agree on our programme for 2020. I can however, report that the profit made at our Christmas Fayre has increased by almost £50 – making a total of approximately £825 – well done everyone!

That just leaves me to wish you a very happy 2020.

Una

News at Bridgemead

We have had a very busy and exciting time at Bridgemead during December. Lots of entertainment including Choirs from various schools, Weston Townswomen's Guild, Smithy Singers, Silver Ring Choir, Salvation Army Band, Bath All Comers Orchestra and lots of other entertainment enjoyed by all.



As we are starting a New Year it's time to look forward to new projects/activities at Bridgemean. With the help of residents and staff it will be a rewarding challenge to create and introduce new ideas which can be enjoyed by all.

"Happy New Year to you all"



Winter Morning Poem

Poet: Ogden Nash

***Winter is the king of showmen,
Turning tree stumps into snow men,
And houses into birthday cakes,
And spreading sugar over lakes.***

***Smooth and clean and frosty white,
The world looks good enough to bite.
That's the season to be young
Catching snowflakes on your tongue.***

***Snow is snowy when it's snowing
I'm sorry it's slushy when it's going.***

Volunteers:

We would love volunteers to come and help with our group activities

14.00 - 15.00 Monday - Friday

Having friendly faces who are interested in having meaningful conversations with our residents during group time is of great benefit to all involved.

If you are interested in volunteering as a 1 off, occasionally, or even regularly, please contact us on activities@bridgecare.org.uk

Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/>- <http://www.localgiving.or/charity/bridgemead>

Please note that Bridgemia can now be found on our website.

Go to www.bridgecare.org.uk, click on Bridgemia and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemia by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant we welcome.

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