



BRIDGEMEDIA



**February 2020
Newsletter**

Day Club

Are you, or do you know anyone who may be, interested in attending Bridgmead Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage - 01225 484904 email: Dayclub@bridgecare.org.uk

Volunteers:

We would love volunteers to come and help with our group activities

14.00 - 15.00 Monday - Friday

Having friendly faces who are interested in having meaningful conversations with our residents during group time is of great benefit to all involved.

If you are interested in volunteering as a 1 off, occasionally, or even regularly, please contact us on activities@bridgecare.org.uk

Bird Word Search

W G H U K E P P H X E D M W X
C D C V M C E P U A R L C K C
R U I U M H L N E A W K G C B
O N R V W C I S L N S K W A E
W L T N S T C L L H G O P J E
H V S I A U A V U L T U R E H
T S O B V M N E D W F U I C N
U G O O S E Z G Z F G J N N W
X M Z R N Z N M I M P I F B A
Y E K R U T M N L Z F L W O V
Q I P H J W V M W T J O Q K R
U N K A D U Y M Q P S U Y M C
V T L F V B X T M F G T R H I
Q Z A N L X M Q P Z O O R M E
S K Y D B B J A C Z L K M O Z

CROW

FINCH

MALLARD

PELICAN

ROBIN

EAGLE

GOOSE

OSTRICH

PENGUIN

TURKEY

EMU

HAWK

OWL

PUFFIN

VULTURE



Alan Ashworth - Chaplain

“Come to me for fullness of life.”

“Come to me, all you who are weary and burdened....” Matthew 11:28

The account that we have of Jesus' life and ministry comes mainly from the four gospel records in the New Testament. The accounts are relatively short and each of them could probably be read in about two hours. Jesus' ministry lasted three years, and so as he went from place to place he must have preached the same sermons many times with some variations. As I look out on our world there seem to be so many issues of concern and so many problems without any obvious solution. I don't know whether this is real or imagined – perhaps I am just getting old! But these thoughts send me back to the words of Jesus. The title above brings together two sayings of Jesus on different occasions. Jesus said to the people who were being weighed down by trying to keep to the rules laid down by the religious leaders, “Come to me, all you who are weary and burdened, and I will give you rest.” On another occasion, when comparing himself to the religious leaders who did not seem to care for the people, Jesus said, “I have come that you may have life, and have it to the full.” Jesus came so that we might understand God's purpose for us: to love God with all our heart and to love each other as we love ourselves. Because this is an impossible task, Jesus died on the cross so that we could be forgiven and he sent the Holy Spirit to help us to live lives which pleased God. Peter later said to the people at Pentecost, “Turn away from wrong things, believe in Jesus and follow him, and you will receive the gift of the Holy Spirit.” Fullness of life means knowing God, being forgiven, having his peace, being able to live the way he wants us to and knowing that one day we will be with Him for ever.

Trustee Message

One of the Trustees visits Bridgemoor every month to review aspects of the home and meet with staff and residents. I hope that if you are a member of staff or resident you feel free to buttonhole the Trustee with any thoughts you might have – particularly if you have a great idea for an improvement.

One of the comments that residents make all the time is how much the food is enjoyed. Trustees also enjoy sampling the excellent food at a lunch as part of the inspection on occasions, or if there is a special event in the evening to which they are invited and refreshments are served.

During my time as a GP in Bath I became more and more aware of the importance of good nutrition to keeping healthy. This is all the more important in later life and those that struggle alone can find this very difficult. I am delighted that the quality of the meals is so good at Bridgemoor which is a real help in keeping the residents as healthy as possible.

We are fortunate at Bridgemoor that not only our physical nutrition and needs are well cared for but also our very important spiritual needs. We have an excellent chaplain in Alan Ashworth. A group from various local churches was instrumental in setting up the home in the first place. Now they are still involved in leading the “Quiet times” with a short Christian reflection daily and Sunday worship for those who want to take part.

I (and all the Trustees) are very grateful that in Bridgemoor the residents have both healthy food and healthy spiritual reflections to enjoy.

Paul Booth - Trustee



**Sadly we say "Goodbye" to
Eileen S**

Our Love and thoughts go out to her family and friends



HAPPY BIRTHDAY TO:-

Residents:

Audrey A

Ann W

Elizabeth M

Dayclub:

Tessa B

Paul B

Jenny M

FEBRUARY ACTIVITIES

Mon	3rd Feb	Justin Daish - Guitarist
Wed	5th Feb	John Holcome - Singer
Fri	7th Feb	Holly Marks - Singer
Mon	10th Feb	Phil Smith - Guitarist/singer
Tues	11th Feb	Chris Griffiths - Pianist/Singer
Wed	12th Feb	Talk on Cleveland Baths
Thurs	13th Feb	Mo Jo - Arts and Crafts
Tues	18th Feb	Mike Renton - Sing-a-long
Weds	19th Feb	Now and Then - Singing Group
Fri	21st Feb	John-on-me-Tod - Sing-a-long
Tues	25th Feb	David Kniveton - Flutist
Weds	26th Feb	Terry & Jenny - Ballroom Dancers
Fri	28th Feb	Golden Toes - Seated Exercise

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

I was on holiday in Shropshire at the beginning of January and whilst out food shopping what did I spy - Easter eggs!!!! We've only just got over Christmas and I'm sure enough chocolate has been devoured to last a lifetime! Hey ho!

Now a bit of excellent news, the profit for the Christmas Fayre has risen to almost £850 - a fabulous amount!

We held our first committee meeting in the middle of January and agreed on the following programme for 2020:-

- Saturday 4 April - Easter Fayre
- Friday 15 May - Fish & Chip Supper and Quiz
- Tuesday 14 July - Friends AGM
- Friday 9 October - An evening with vocalist Danny Guest with Soups and Puds. Danny is a talented singer Who sings songs from the 'Ratpack' and other easy on the ear songs.
- Saturday 28 November - Christmas Fayre

In addition to the above we hope to organise another Walking Treasure Hunt around Bath - date to be agreed.

We do hope that many of you will make a note of these dates and come along and join in the celebrations. If anyone has any fund raising ideas for the future please do not hesitate to contact me - mcculloughuna@gmail.com

Lastly, just a reminder that you are now able to pay your annual subscription for membership of the Friends of Bridgemedead by standing order. Bank details for the Friends of Bridgemedead are:-

Account number 03921862

Sort code 30-90-54

Please quote ref Subs.

Thank you,
Una

News at Bridgemead

We thought you would like to see how at Bridgemead some residents and staff were involved with the preparation of the Christmas lunch. The residents certainly deserved their lunch after all their hard work!



The Friends and Family Buffet was well attended on January 3rd 2020. It was lovely to see so many visitors who were able to enjoy the buffet lunch and were also able to socialise with staff, residents, family and friends.

We now have some bird boxes fitted in the garden so hopefully the residents will be able to see the birds busy soon collecting for their nests.

In Trees

with apologies to Joyce Kilmer



*I think that I have never heard
A singer lovely as a bird.*

*A bird, who clad in colored vest,
Nestles in its treeborne nest;*

*A bird that beckoned by the skies,
Lifts its feathered arms and flies;*

*A bird that calls out in rejoice,
To bathe the heavens with its voice.*

*There's little doubt that God conferred
His sweetest songs upon the bird,*

*But must these minstrels e'er display them
Saturday morning at five A.M.?!*

Local Giving

Bridgemed has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemed/>- <http://www.localgiving.org/charity/bridgemed>

Please note that Bridgemed can now be found on our website.

Go to www.bridgemed.org.uk, click on Bridgemed and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemed by e-mail, can you please let us know on admin@bridgemed.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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