



bridgemed

# BRIDGEMEDIA

Bridgemed Care Home Newsletter

October 2018

## ***“Come to me!”***

*Jesus said, “Come to me, all you who are weary and burdened, and I will give you rest.” Matthew 11:28*

I think that I am probably right in saying that most of us enjoy receiving an invitation. If something that looks like an invitation to a party or a wedding comes through the post I get quite excited, or even if someone invites us for a meal or for coffee!

Jesus often gave invitations, like the one in the verse quoted above. Actually, in these verses He was making a specific invitation to people in His day who wanted to get close to God but who had been told by the Pharisees that they had to obey a whole list of rules in order to do that.

That is why He referred to them as weary and burdened, but we can feel weary and burdened by many things today. Jesus was saying that He doesn't lay down any conditions before we can come to Him. He wants us to come to Him just as we are, acknowledge Him as our Saviour and then try to follow in His ways with His help.

Jesus actually opened up the way for us to do that when He died on the cross and then rose again, and He still echoes that invitation today. He goes on to say that He is gentle with us, that our following Him is a joy and that following Him brings rest both now and in the future. Jesus' promise is that when anyone comes to Him, He will never turn them away but will give them a new life – life to the full, or as one Bible paraphrase says, *“real and eternal life, more and better life than we ever dreamed of.”* *That is Jesus' invitation to us, “Come to me, have great life now and enjoy the great banquet in heaven in the future.”*

***Alan Ashworth***

## **A Message from the Trustees**

*“Bridgemed is a ‘home from home’ where vulnerable older people in the Bath area are cherished and enabled to live fruitful lives in a loving Christian community.”*

### **Dear Bridgemedians**

Our Mission Statement represents what we stand for. These are the principles on which Bridgemed was founded and continue to represent the values we believe to be important. It is a good thing to keep this in focus as we move forward.

This is, first of all, a home where people live rather than a place where people work. All staff understand this and those of us who visit Bridgemed as family members, friends and volunteers need to remember that this is people’s home. We need to be respectful that the residents are the most important people in Bridgemed. We also need to be responsive to their individual choices and preferences.

We are committed to care for people in their latter years. This means that we will also want to be responsive to their needs. We are committed to providing the best care that we can and to do so with love and compassion.

We also aim for the people we care for to be cherished. Everybody is special, created in God’s image and with individual abilities, longings and desires. Our residents have had a rich experience of life and we want them to be encouraged to share those experiences. Older people have a great deal to offer; those of us who are younger have much to learn from the older generation and we sometimes need to listen far more than we do.

Living fruitful lives is possible at any stage in life and we aim to promote this. Bridgemed is committed to encouraging people to flourish – to develop the skills they have and even learn new skills through the activities we offer. We are always ready to hear of ideas that residents have for improving and extending our range of activities.

Being a Christian community is an important aspect of our mission statement. We are distinctive in this area but do not insist that everybody coming to Bridgemed has to identify as ‘Christian’. However this is a place where Christians are encouraged to practice their faith through the Sunday services and morning devotions. It is also a place where fellowship with other Christians is promoted, Christian conversation is encouraged and pastoral care is provided by our chaplains, and others.

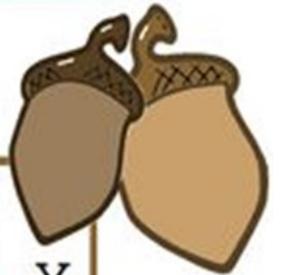
So we hope you are encouraged by Bridgemed and, as we face the future, we do so with confidence that we have a clear focus on our values and a dedicated team committed to implementing them.

The Trustees

# Autumn



## WORD SEARCH



E	A	X	W	A	L	R	S	T	S	T	
T	K	W	Q	U	E	E	F	G	C	N	Y
F	B	O	O	T	S	F	A	E	I	D	L
H	A	E	A	R	C	I	L	S	K	A	I
M	F	E	O	E	A	P	L	S	C	S	E
A	W	H	H	E	P	U	M	P	K	I	N
S	I	H	K	A	R	B	E	T	P	R	D
E	A	A	N	E	Y	N	M	R	O	A	C
O	R	J	X	K	V	S	N	C	G	R	Q
H	L	E	A	F	S	C	A	R	F	I	O



SCARF  
TREE  
ACORN  
HAY

APPLE  
FALL  
PUMPKIN  
SWEATER

BOOTS  
RAKE  
PIE  
LEAF

## October Birthdays

### Residents

7th October - Irene Weller

### Day Club

10th October - Iris Howell

10th October - Sue Tudor



## October Activities

Monday 1st October - James Hogg's 'Music & Memories'

Tuesday 2nd October - Half-day trip to Farrington Farm Shop for afternoon tea

Thursday 4th October - Frankie Johns sings and entertains

Friday 5th October - 'Forget-me-Not' sing and play

Monday 8th October - Zoolab - Exotic animals visit

Tuesday 9th October - Katherine Gilmore interactive music session

Friday 12th October - 'John-on-me-Tod' sings 1950's and 60's favourites

Tuesday 16th October - Holly Marks song, music and interactive quiz

Wednesday 17th October - 'Golden Toes' - Indian seated dance class with Lauren

Thursday 18th October - 'Creative Minds' - art with Grace

Monday 22nd October - Bridgemoor Ballroom with Terry & Jenny

Tuesday 23rd October - David Kniveton's piano and flute concert

Monday 29th October - Phil Smith on guitar

Tuesday 30th October - John Holcombe sings and plays guitar

## Friends of Bridgemead

**Hello Bridgemedians,**

How are you all? I do hope that you've all enjoyed a good summer.

My summer hols are underway – I enjoyed a wonderful break in Krakow, Poland last week, so interesting – and clean, we could learn a few tips for city cleanliness from them for Bath. The people too are so friendly and hardworking, it was a joy to visit! I am now off to Paris to take in the Ryder Cup golf – the weather in France looks glorious so it's another outing for the summer garb!

Now down to business! Thank you to everyone who attended the walking treasure hunt of Bath; from reports I understand that everyone enjoyed the event. Three of our new supporters, Colin, Stu and Ann were the winners and our own hard working committee member, Liz Cocks and her team came second! Congratulations to you all and huge thanks to Helen and Sue who compiled the hunt, and all the team of helpers on the night, especially Bev who had the job of coordinating us all! I'm delighted to report that we raised £547.

Our next event is the **Beetle Drive**, which once again will be run by Liz Cocks. It was so enjoyed by everyone last year that we are holding another one.

It is on **Friday 19th October at Bridgemead 7pm**. The cost to **include supper is £12. Bring your own tipples please**. Tickets will be on sale from Bridgemead or me within the next few days.

Details of our **Christmas Fayre** which takes place on **Saturday 8th December** will be in next month's issue!

Stay well,

**Una**

## Farewell

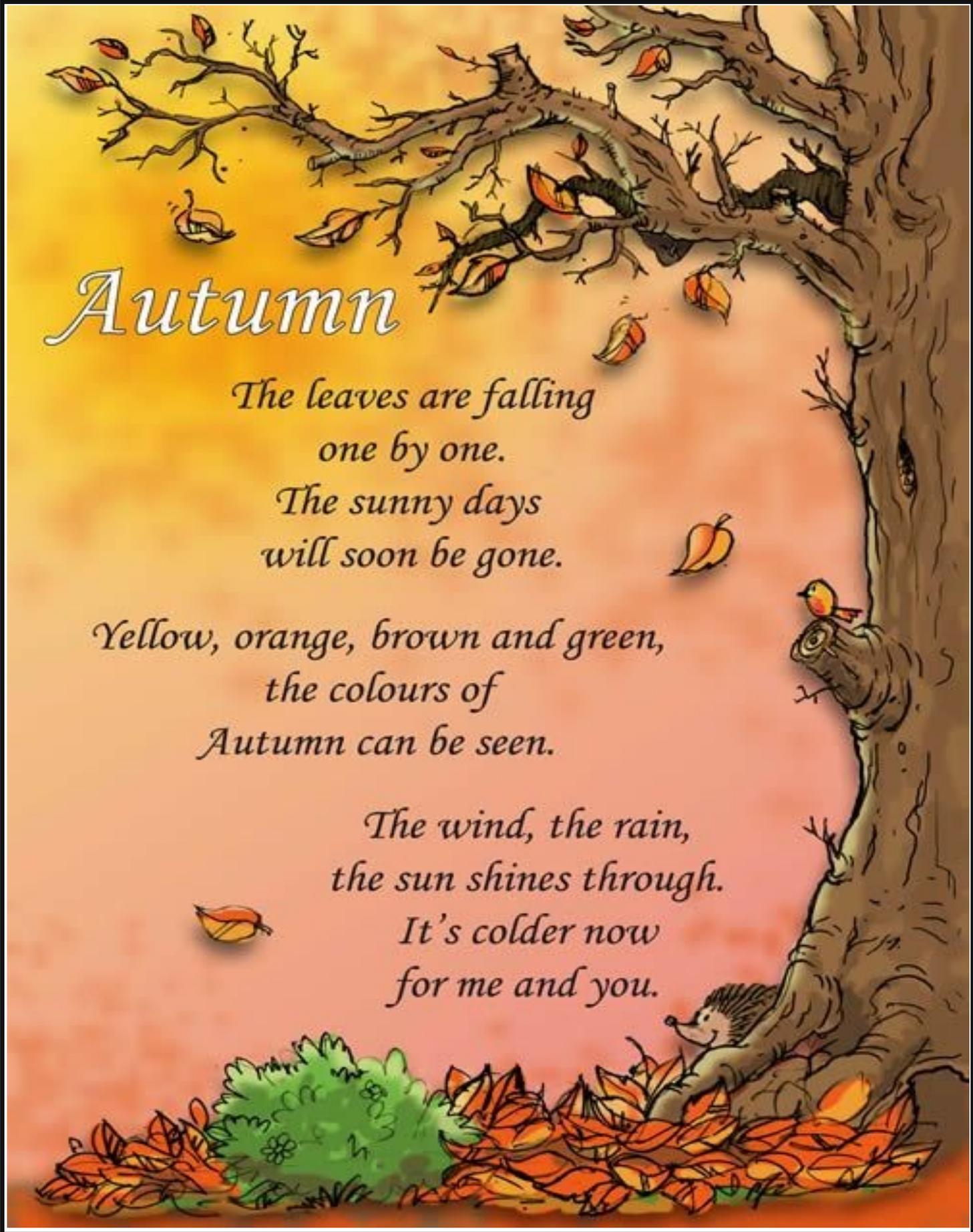
Mrs Margaret Hooper passed peacefully away at Bridgemoor on Sunday 9th September 2018. Margaret will be warmly remembered and missed by her family, friends and all those who knew and cared for her.

Mrs Ruth Hewetson passed quietly away at Bridgemoor on Wednesday 12th September 2018. Ruth will be missed and fondly remembered by her family, friends and all those who knew and cared for her.

Mrs Freda Sheppard passed calmly away at Bridgemoor on Tuesday 18th September 2018. Freda will be much missed and affectionately remembered by all those who knew and cared for her.

Our thoughts and prayers are with their families and friends.





# Autumn

*The leaves are falling  
one by one.*

*The sunny days  
will soon be gone.*

*Yellow, orange, brown and green,  
the colours of  
Autumn can be seen.*

*The wind, the rain,  
the sun shines through.*

*It's colder now  
for me and you.*

## Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/>

Please note that Bridgemedial can now be found on our website. Go to [www.bridgecare.org.uk](http://www.bridgecare.org.uk), click on Bridgemedial and you will find the latest issue. We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedial by e-mail, can you please let us know on [admin@bridgecare.org.uk](mailto:admin@bridgecare.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome. Published by Bridge Care Ltd, Bridgemead, 81 St John's Road, Bathwick, Bath BA2 6PZ. Bridge Care is a company limited by guarantee and registered as a charity under number 299400. Limited Company registration number 2001246 (England).

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