



bridgemead

BRIDGEMEDIA

Bridgemead Care Home Newsletter

May 2018

“How slow you are to believe!”

Jesus said to the two, “How foolish you are, and how slow of heart to believe all that the prophets have spoken.” Luke 24:25

I think that perhaps my favourite passage in the whole of the Bible is Luke 24:13-32. It occurs on the first Easter Sunday. It was evening time – the women had gone to Jesus’s tomb early in the morning and found that the grave was empty and had met with two angels who had told them that Jesus had risen from the dead as he had said that he would do. They had told some of the disciples who didn’t know whether to believe them or not.

Presumably there were lots of rumours during the day among the disciples, and we read in John’s gospel that in the evening some of the disciples were together, locked in a room because they were frightened of the Jews. However, two of the disciples were walking along the road to Emmaus, west of Jerusalem. They were upset and confused and were discussing what had happened when someone came up to them and walked with them. He asked why they were so downhearted and they said that he must be the only person in Jerusalem that didn’t know what had happened to Jesus. The man, whom the two didn’t recognise at all, started telling them about all the Old Testament scriptures which spoke about the coming of the Messiah and how he would suffer and be put to death and would then rise again.

When they reached their village the two disciples invited the man in to their home to eat with them. It was then that the man gave thanks for the food and the two immediately realised that it was Jesus himself who had been walking with them and talking to them. They said to each, amazed at the situation, *“Weren’t our hearts burning as he talked with us about the scriptures? We ought to have realised then who he was!”* They then set off back to Jerusalem to find the other disciples and tell them that had met Jesus!

Alan Ashworth

A Message from the Chairman of the Trustees

Hello Bridgemedians

This month I would like to say something about the Volunteers who support Bridge-mead in a variety of ways - the work they do is very much appreciated. The Home would not be the same without them.

Firstly, we are grateful to all those who look after the spiritual aspect of the home – those who take Quiet Time, leading Sunday services, playing the piano for services. Their work is not often acknowledged but their contribution is an important aspect in maintaining Bridgemed's values and is very much appreciated. Of course the work of Alan, our chaplain, is valued by so many.

Secondly, thanks to the '*Friends of Bridgemed*' - especially the committee which organises the various events under Una's chairmanship. This not only raises funds but plays an important role in showcasing Bridgemed to the public. This is all done by volunteers. By the way – don't forget the Quiz evening and Fish & Chip Supper on May 11th – always a popular event!

Then there are those who serve in a variety of ways – administration, serving teas and coffees, taking round the shop trolley, helping with activities, talking with residents, providing entertainment – the list goes on and I'm sure to have forgotten some ways in which people serve the residents at Bridgemed. You bring so much pleasure to the residents and enable the staff to concentrate to focus on providing care.

We have been very blessed with the support of our patrons, especially Marian who gives an enormous amount of time to Bridgemed and really is a great ambassador for us. And recently we have had the joy of Sarah working with us to raise our PR profile through her contacts with the local press and the community. Thank you so much.

So, as you see, volunteers work hard in so many ways. Like Oliver Twist though my plea is "*Please Sir – can we have some more!*" The fact is we could do so much more if we had more help. Age is not a barrier – we have students from local schools as well as older people who have been coming for years. It doesn't matter how little time people have to give; neither does it matter how regularly they come – every bit helps.

So why not join the merry band of volunteers – or encourage some of your friends to do so. Get in touch with Rosemary at reception and she will give you more details (email: reception@bridgecare.org.uk).

Thanks for all you do.



Widcombe Acorns Pre-school Activity Afternoons

We've been having fun and playing games with the children and staff from Widcombe Acorns Pre-school.



May Birthdays

Day Club

13th May - Mary Pope

21st May - Gordon Sheppard



May Activities

Tuesday 1st May - Singer Danny Guest

Wednesday 2nd May - New - 'Creative Minds' arts & crafts with Grace.

Thursday 3rd May - Relaxing violin & mandolin with Laurence Kell

Tuesday 8th May - Chris Griffiths on the keyboard

Wednesday 9th May - 'Now & Then' sing and play

Thursday 10th May - Half-Day Trip (Venue to be confirmed)

Friday 11th May - Mike Renton and friends happy sing-a-long

Monday 14th May - Rosemary & PAT dog, Milo

Tuesday 15th May - The Smithy Singers

Thursday 17th May - Pam & Residents Coffee Morning (10.45am)

Thursday 17th May - Frankie Johns entertains

Monday 21st May - 'Musica' musical interaction with Ella

Wednesday 23rd May - Alive! Music, conversation & memories with Colin

Wednesday 23rd May - Bath All Comers Orchestra Concert (6pm)

Tuesday 29th May - 'Forget-me-Not' sing and play

Wednesday 30th May - Anne and Shetland Pony visit

Friends of Bridgemedad

Hello Bridgemedians,

Can you believe that we are already in May - I can't, and this month I log up yet another birthday – they do have a habit of coming around very rapidly! Surely I'm not going to be THAT age!!!

Well 28 of us enjoyed a very happy evening on 6 April when Helen and Sue put on a musical quiz for us. We really had to tax our brains to recall the names of various pieces of music – and quite often failed!! The food provided by your committee was delicious, so we thank those who did the catering and to everyone who helped in any way - I'm delighted to report that we made a profit of £260. Helen, Sue and the committee put a great deal of effort into organising the quiz so it would have been good to see a tad more people there!

Our next event is the **Fish & Chip Supper and Quiz which is on Friday 11 May** at Bridgemedad 7pm. Cost is £12 – bring your own tipples. Tickets are on sale from Rosemary on reception.



A reminder that the AGM is on Tuesday July 17 at Bridgemedad 7.30pm. Please try to attend and show your interest.

The Strawberry Tea is scheduled for Saturday 28 July at 2.30pm. This is a happy event that we put on primarily for the residents so it's lovely for them to chat to visitors and also to enjoy a strawberry cream tea. We shall have just a few stalls.....craft, books and cakes. See you there!

Una

Maypole Dancing

This year May Day falls on Monday 7th May. Traditionally, this is the day for Maypole Dancing.

On May Day, people used to cut down young trees and stick them in the ground in the village to mark the arrival of summer.

People danced around the tree poles in celebration of the end of winter and the start of the fine weather that would allow planting to begin.

Maypoles were once common all over England and were kept from one year to the next. Schools would practice skipping round the pole for weeks before the final show on the village greens.

The end results would be either a beautiful plaited pattern of ribbons round the pole or a tangled cat's cradle, depending on how much rehearsing had been done.



Source: <http://projectbritain.com/mayday/index.html>

In May

Yes, I will spend the livelong day
With Nature in this month of May;
And sit beneath the trees, and share
My bread with birds whose homes are there;
While cows lie down to eat, and sheep
Stand to their necks in grass so deep;
While birds do sing with all their might,
As though they felt the earth in flight.
This is the hour I dreamed of, when
I sat surrounded by poor men;
And thought of how the Arab sat
Alone at evening, gazing at
The stars that bubbled in clear skies;

And of young dreamers, when their eyes
Enjoyed methought a precious boon
In the adventures of the Moon
Whose light, behind the Clouds' dark bars,
Searched for her stolen flocks of stars.
When I, hemmed in by wrecks of men,
Thought of some lonely cottage then
Full of sweet books; and miles of sea,
With passing ships, in front of me;
And having, on the other hand,
A flowery, green, bird-singing land.

William Henry Davies

Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/>

Please note that Bridgemedial can now be found on our website. Go to www.bridgecare.org.uk, click on Bridgemedial and you will find the latest issue. We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedial by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome. Published by Bridge Care Ltd, Bridgemead, 81 St John's Road, Bathwick, Bath BA2 6PZ. Bridge Care is a company limited by guarantee and registered as a charity under number 299400. Limited Company registration number 2001246 (England).

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Give us a call for more information about our services.

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