



BRIDGEMEDIA



Newsletter
March 2020

Day Club

Are you, or do you know anyone who may be, interested in attending Bridgemoor Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage - 01225 484904 email: Dayclub@bridgecare.org.uk

Volunteers:

We would love volunteers to come and help with our group activities
14.00 - 15.00 Monday - Friday

Having friendly faces who are interested in having meaningful conversations with our residents during group time is of great benefit to all involved.

If you are interested in volunteering as a 1 off, occasionally, or even regularly, please contact us on activities@bridgecare.org.uk



Times of the Year

W G L I R J U L Y X Z A P R I L F
N E L D E C E M B E R H A J G N A
M Y W N O V E M B E R T S X M T L
I M E Z K J O Q M N H O U R I M L
N O E J Q I M F J A N U A R Y O O
U R K L W W E D N E S D A Y Z N W
T M A R C H K E G R W C U B Q T L
E F E B R U A R Y W I L V M Z H T
X T X O C T O B E R N D G O F M U
A E W R L X W R Y N T Y P N M T E
U M S P R I N G E Q E E W D R H S
G J U N E O D L A X R A F A Y U D
U F R I D A Y Q R C M A Y Y R R A
S S A T U R D A Y S U M M E R S Y
T U X S U N D A Y H N X B J U D L
U S E P T E M B E R U K Z M S A J
K D S P O P F H D A Y X N Z Z Y R



January	July	Spring	minute	Monday
February	August	Summer	hour	Tuesday
March	September	winter	day	Wednesday
April	October	fall	week	Thursday
May	November		month	Friday
June	December		year	Saturday
				Sunday



Alan Ashworth - Chaplain

Jesus heals a blind man

Jesus asked him, "What do you want me to do for you?" Mark 10:51

Last Tuesday was Shrove Tuesday, or Pancake Day, which signals the start of Lent on the Wednesday. As Advent is a time when Christians prepare to remember the coming of Jesus at Christmas, so Lent is the time when Christians prepare to remember the death and resurrection of Jesus at Easter. I enjoy thinking about people Jesus met on his way to the cross because I think that there is real significance in these meetings. Mark records that the last person that Jesus met before arriving in Jerusalem on Palm Sunday was a man called Bartimaeus who was blind. Bartimaeus used to sit by the roadside in Jericho begging as there was no chance of him getting any work. He obviously had never seen Jesus although he might have heard people speaking about him and some of the miraculous things that he had done. When he heard that Jesus was passing through the town Bartimaeus started shouting in a pleading voice, "Son of David, have mercy on me!" People tried to tell him to be quiet but Jesus heard his voice and stopped, and called him. Bartimaeus leapt up excitedly and Jesus said, "What do you want me to do for you?" Bartimaeus said, "Teacher, I want to see" and immediately Jesus healed him; he was able to see and Mark said that he followed Jesus along the road. I believe that Jesus says the same thing to us today: "What do you want me to do for you?" Our reply could be: "I want to be forgiven" or "I want to know God in a deeper way" or "I want to know a real peace" or "I want eternal life" or simply "I want to believe, but find that difficult." Because Jesus died and rose again he is able to give us any of these things if we ask him, just as he gave Bartimaeus his sight.

Trustee Message

Enjoying company of others.

Have you ever owned a dog? We are now on our 4th dog since we married 42 years ago. At the moment we have Halle aged 14 ½ (a real old lady, and very well behaved, although rather deaf and a little arthritic!) and Ruby aged 2 (not quite so well behaved). Ruby was given to us for our Ruby wedding and we have never had a dog like her. She is a ‘Sprocker’, a Springer/ Cocker Spaniel cross. She is a crazy dog, very energetic and frequently barks, which our other dogs didn’t really do very much. She is also able to jump to huge heights with apparently no effort.

Ruby has several irritating habits, she wakes early and barks until we go downstairs to see her, she barks if we disappear from view in the house, she gets up on the kitchen table and peers through the hatch if we are sitting in the lounge. However, trying to give her the benefit of the doubt, we think these annoying behaviours are because she really wants and enjoys company. She is very affectionate and loves nothing better than to be with a friendly human being, or better, several!

Probably, Ruby is no different to most people. We do enjoy company, and loneliness is one of the blights of our age. Many people live much more isolated lives than in previous generations. Bridgmead is a wonderful place for enjoying other people’s company; there are many opportunities to gather together during the week. We can eat together, enjoy various activities, listen to music, do our exercises, and have fellowship together during the quiet times and the weekly services. Even in our own rooms, there are volunteers who visit and of course the staff popping in and out and caring for us. The company of others is a real blessing.

One of the funny things about Ruby is that, towards the middle of the evening, around 9.00pm, she does take herself off to her basket and lies quietly on her own. She is probably tired but maybe even she likes a bit of peace and quiet sometimes. Occasionally, she likes her ‘own space’ as the modern phrase goes....

We all need that too. Times to ourselves, to rest, to relax, to think and to recharge our batteries before the next activity, just like Ruby who will suddenly wake up and have a late-night run round the garden before bed-time!

So next time we are woken at 6.00 a.m. by a persistent barking we will try to be more understanding and realise that it is simply that Ruby cannot wait to see a human face to start her day! We hope you continue to enjoy the company you have around you.

Ross Evans – Trustee

Fundraising for Bridgemead

“Bath Half Marathon” 15th March 2020

A former resident’s daughter Helen and granddaughter Alice are running in the “Bath Half Marathon” in Aid of Bridgemead

If you would like to sponsor their challenge a sponsorship form will be available at the Reception at Bridgemead.

Also you are able to sponsor through the Local Giving Page:

<http://www.localgiving.org/charity/bridgemead>

Thank you for your support

MARCH ACTIVITIES

Tues	3rd March	Kiddledivey - Therapeutic Music Session
Weds	4th March	James Hogg - Music & Memories
Fri	6th March	Phil Smith - Guitarist - Sing-a-long
Mon	9th March	Katherine Gilmore - Music Therapy
Tues	10th March	Musica - Musical Workshop
Weds	11th March	10.45am Pam’s Coffee Morning/2pm Mo-Jo Arts
Fri	13th March	Victoria Art Gallery -
Weds	18th March	David Kniveton - Flutist
Thurs	19th March	Laurence Kell - violin/ukulele
Tues	24th March	Danny Guest - Singer
Weds	25th March	Now & Then - Singing Group
Fri	27th March	Golden Toes - Seated Dancing
Mon	30th March	Forget-me-Not - Singer/Keyboard



Sadly we say "Goodbye" to

Mary P - Day Club

Terry C - Resident

Our Love and thoughts go out to their families and friends



HAPPY BIRTHDAY TO:-

Residents:

Jean K

Shelagh H

Kay S

Doris S

Dayclub:

Sandy Y

News at Bridgemed

We have had varied activities at Bridgemed so far this year. We have regular visits from a company called "Mo Jo" - Arts and Crafts - and the residents enjoy taking part in the art displays which are displayed in the Dining Room. You can see the lovely results on the cover of this month's Bridgemed and also below.



FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Here I am again writing my piece for the March Newsletter – can you really believe that Spring is almost here – not that the weather is playing ball!

I can see from my window, snowdrops, daffodils, primroses, primulas and a white plant that I don't recognise – could it be a weed!!

Just a reminder that the Easter Fayre will take place on Saturday 4 April 2.30pm at Bridgemead. We hope to have some interesting stalls for you including our famous Easter Egg Tombola – and new this year following their highly successful debut at the Christmas Fayre – a Residents' stall! I know from Hilary and Hayley that the residents are busy making little delights which I am sure will sell as well as the Christmas products.

On Friday 15 May Liz Cocks and her family will once again get our brains working with a quiz evening! Firstly we shall feed our brains (and tummies) with a fish and chip supper. The cost of the evening is £12 – bring your own tippie! I hope to see many of you at this event – 7pm Bridgemead.

Another date for your diary is an evening with vocalist Danny Guest who will delight us with songs from legends such as Frank Sinatra, Michael Buble, John Denver and Tony Bennett to name but a few! Soup and Puds will be served, please bring your own tippie! Friday 9 October – miss it at your peril!

Tickets for the above will be on sale from Bridgemead nearer the time.

Keep warm and dry

Una

**Spring Cleaning , Susan Reiner,
"March bustles in on windy feet
And sweeps my doorstep and my street.
She washes and cleans with pounding rains,
Scrubbing the earth of winter stains.
She shakes the grime from carpet green
Till naught but fresh new blades are seen.
Then, house in order, all neat as a pin,
She ushers gentle springtime in."**

Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/>- <http://www.localgiving.org/charity/bridgemead>

Please note that Bridgemedica can now be found on our website.

Go to www.bridgcare.org.uk, click on Bridgemedica and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedica by e-mail, can you please let us know on admin@bridgcare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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