



bridgemead

BRIDGEMEDIA

Bridgemead Care Home Newsletter

March 2019

“The Good Shepherd lays down his life.”

“As the time approached for Jesus to be taken up to heaven, he resolutely set out for Jerusalem.” Luke 9:51

For some people Lent is a time to give things up, whether it is chocolate or something they want to stop doing. I like to think of Lent as a time when we start doing something positive, perhaps being more friendly and helpful to those around us or spending more time thinking about what Easter actually means and thanking God for it. Jesus was tried by the religious authorities and put to death by the Roman military but that was the purpose for which he came. He came from heaven to be the Saviour of the World. Time and time again, he tried to prepare his disciples for what would happen to him but they could only think of a Messiah who was going to be a great earthly leader. Jesus once asked his disciples who they thought he was and Peter said, “You are the Christ, the Son of the Living God.” Jesus then horrified the disciples by saying that he would suffer many things and be rejected by the elders, chief priests and teachers of the law, and that he must be killed and after three days rise again. Mark in his short gospel records Jesus having said this on three separate occasions. John records that Jesus said that he was The Good Shepherd who would willingly lay down his life for the sheep – no one took his life from him; he laid it down of his own accord. Jesus said on another occasion that God loved the world so much that he sent his only Son and that anyone who believes in him shall not perish but have eternal life (John 3:16). We have so much to ponder over at Easter time and so much to be thankful for!

Alan Ashworth

Trustee statement

Dear Friends,

Each month a different Trustee has been asked to contribute to Bridgemedias.

I have known about Bridgemedias from its beginning as I was a GP in the same practice as Dr Ray King who with others had had the original vision for the home. When I retired from medical practice 4 years ago, I was pleased to be asked to be a Trustee because of my connection with Dr King. Every month a different Trustee visits the home for an inspection and without fail they notice the warm and friendly atmosphere in the home. Talking to the residents is always enjoyed and the good quality of the food and the excellent care are always mentioned. Thanks to Pam Bourton and all the nursing, care and domestic staff for their part in providing such good care.

As Trustees we have other opportunities to visit and be involved in the life of Bridgemedias. One notable event I attended in December was the visit of the Silver Ring choir. They gave an excellent concert for the residents with a varied programme and of a very high quality. We were privileged to have several guests from the Council and our Patron, Marion McNair. I was particularly struck by the contribution from the founder of the choir who is now advanced in years but still willing and able to sing a solo for us. It emphasized to me the importance of being able to contribute whatever your age.

Bridgemedias is a great example of opportunities for residents and visitors to contribute to the life of the home. We all have great stories to tell of events from our lives and these are always interesting. As a GP I met many interesting patients who had had amazing experiences – an ex-Ambassador and many with stories from the Second World War come to mind.

We are delighted to have Mini Williams and Hilary Humpage join us to develop the activities and Day Club. I am sure they will draw on the rich resources of memories that are in Bridgemedias.

Paul Booth

BRIDGEMEAD NEEDS YOU



Volunteers:

Each Sunday afternoon at 3.30pm we have a 30 minute service for residents which many of them really value. At the moment we have a need for pianists. This would entail playing 3 or 4 traditional hymns in the service and playing about 2 or 3 times a year.

If you are able to help please contact Alan Ashworth on 01225-350567 or Mini: activities@bridgecare.org.uk



Day Club

Are you, or do you know anyone who may be, interested in attending Bridge-mead Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage – 01225 484904 email: dayclub@bridgecare.org.uk



March Birthdays

Residents

March 2nd Jean Kemmery

March 3rd Shelagh Hodson

March 4th Kay Spiers

March 10th Marion Williams

March 17th Doris Scullard

16th Feb : Sadly we say goodbye to Robert 'Bob' Burgess. Our love and thoughts go out to his wife Margaret and his daughters Alison and Rachel.

March Activities

Tuesday 5th March - Toddler group. Activities for all ages

Friday 8th- Rat pack music with Danny Guest

Monday 11th– ALIVE

Tuesday 12th- Toddler group. Activities for all ages

Thursday 14th- PAT dog Milo visit with Rosie

Tuesday 19th- Toddler group. Activities for all ages

Thursday 21st- Lively guitar music with Phill Smith

Thursday 28th- Golden Toes, Music Dance Exercise

Friday 29th- Music with James Hogg

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

I begin this month's report with the sad news that our beloved Wendy (Allen), our Treasurer until last year, passed peacefully away at her home after a truly brave fight on Thursday 7 February.

Wendy was a first class Treasurer for the Friend's of Bridgemead for over 16 years, she kept immaculate accounts - no-one ever managed to miss payment of their subs when she was around!

She supported Bridgemead over all that time and was a regular attendee at all our events – usually to be found with a glass of red wine in her hand!

More importantly she was a positive, spirited lady, full of life, who was so loyal, vibrant and enthusiastic about everything she was involved with!

I must also pay tribute to her husband Ken who acted as her 'taxi', ferrying her and substantial sums of money to and from the bank, he was always at her side to support her.

During her illness he was Wendy's carer and I think the fact that Wendy stayed alive so long was not only due to her stoicism and good medical attention but also to his loving care and sense of humour.

I, and I'm sure all those who knew her will miss her greatly. You certainly won't be forgotten Wendy!

The next fund-raising event will be on Saturday 6 April – the Easter Fayre 2.30pm at Bridgemead.

Stalls will include cards, crafts, Easter egg tombola, cakes, paperback books and a hamper raffle. Please come and support this first event of 2019.

Una



Residents and Day club members are Knitting Hats for the Neonatal Intensive care Unit at the RUH. Of which 10 have already been completed, donated and warmly received. We would welcome any donations of wool. To keep this project going.



On Tuesday 5th February we had a trial run of a 'toddler group'. Children 0-5 years old visited with their carers and played with an array of toys. A facilitator from Percy Community Centre lead the group and provided the toys and activities. We look forward to collaborating with them long-term.

It was a delight to see residents chuckling at the children's antics . They all enjoyed the intergenerational conversations and interactions. It was particularly lovely seeing the enthusiasm residents showed, getting up and ready for the morning much earlier than they usually do.

They requested that the children visit regularly. The aim is for a weekly group every Tuesday, Term-time only.

If you would like to attend with your children please contact :

activities@bridgecare.org.uk



March



Psalm 27:4 One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple.

Spring, Oh SO Close

Sunny today

but Oh what a chill

The wind inhales and exhales

the trees bend on the hill

Winnie the Poohs Blustery Day

just cannot compete

In like a lion and out like a lamb

I am so tired of paying for heat

I long for crocuses, tulips and green

it seems like ages since they have been seen,

(Willow Lawrence)

Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/>

Please note that Bridgemedica can now be found on our website. Go to www.bridgecare.org.uk, click on Bridge-media and you will find the latest issue. We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedica by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome. Published by Bridge Care Ltd, Bridgemead, 81 St John's Road, Bathwick, Bath BA2 6PZ. Bridge Care is a company limited by guarantee and registered as a charity under number 299400. Limited Company registration number 2001246 (England).

Contact Us

Give us a call for more information about our services.

Bridge Care Ltd
Bridgemead
81 St John's Road
Bathwick

Tel: 01225 484904

Email: admin@bridgecare.org.uk

Visit us on the web at
www.bridgecare.org.uk