



BRIDGEMEDIA



JEREMY BOURTON

Fundraising Challenge 2019

in aid of Bridgemean

Throughout 2019, I'll be taking part in numerous open water swimming events. I hadn't originally planned to raise money, but as the swims got longer and became much more of a challenge, I began to realise how much sponsorship could benefit both me and Bridgemean. As such, I'm committed to 9 open water swims, in 5 different countries, totalling 36.3 miles.

From March to November 2019, I'll be swimming in seas, lakes, rivers and even a quarry. The longest swim is 10 miles and the shortest is 500m (at Night!). And that's not including the hundreds of miles of pool training that I'll be doing in preparation.

The Events 2019

16th March – La Mer Open Water Swim Series in Dubai – 1 mile

25th May – Lough Cutra Castle in Ireland – 5 km

15th June – River Arun in the south of England – 3.8km

7th July – Hever Castle Festival of Endurance in England – 10km

4th August – Thames Marathon in England – 14km

24th August – Château de Chantilly in France – 5km

8th September – The GIANT Tal y Llyn in Wales – 10 miles

21st September – Children with Cancer UK Swim Serpentine in London – 2 miles

3rd November – 'Fireworks 500' night swim in England – 500 metres

I would like to raise as much money for Bridgemean as possible, so would be grateful for sponsorship.

If you would like to sponsor me for my swims, there is a sponsorship form at Reception.

Thank you very much for your support

“I will be with you!”

***Jesus said to his disciples, “Receive the Holy Spirit.” John
20:22***

I wonder if you can remember Whit Monday bank holidays? Whit Monday was the day after Whit Sunday or Pentecost Sunday, but it was replaced in the UK in 1971 by Spring Bank Holiday which always occurs on the last Monday in May. I had to look this up and was surprised that it happened so long ago – I might have thought the 1980s at the earliest. This year Pentecost Sunday is on June 9th, late, because it is always fifty days after Easter. I think that when we stopped remembering Whit weekend many people put less emphasis on the Holy Spirit whose coming we celebrate on Pentecost Sunday. At Easter we celebrate the promise for those who trust Jesus that there is forgiveness at the cross and the promise of eternal life because Jesus rose from the dead. But God’s promise to Christians doesn’t stop there; there is the promise of the Holy Spirit to everyone who believes. It is surprising how many Christians are unsure of this! Jesus thought this was so important that he told his disciples not to start their ministry until after Pentecost when they would be filled with the Holy Spirit(Acts 1:4-5).

Jesus promised his continued presence with them when he told them that the Holy Spirit would live with them and would be in them(John 14:17). The very last words of Jesus before he ascended into heaven are recorded in Matthew 28:20 “I will be with you always, to the very end of the age.” Jesus also said that their ability to follow him by living like him and being able to tell others about him came from the Holy Spirit. Jesus said in Acts 1:8, “You will receive power when the Holy Spirit comes upon you.”

These promises weren’t just for those first disciples, but for you and me too if we put our trust in the Lord Jesus Christ.

Alan Ashworth

TRUSTEE STATEMENT

Dear Friends!

I haven't written in Bridgemedias since the Autumn 2018 and I remember reflecting on the changing seasons, the beauty of the trees changing colour and mellow days walking the dog. Well here we are looking forward to summer once more. The trees and a vibrant green and I have enjoyed the variety of spring flowers emerging in the garden.

At Bridgemedias we have had a number of changes over the past few months with new residents joining us in our home as well as new staff. Throughout all the changes it is good to see people working together and connecting with one another, encouraging and spending time with each other.

Hilary and Haley are new to the Day Club and Activities and we are so grateful for the programme of events planned this summer. The friends have produced a range of events for us to enjoy and also provide money for specific items needed in the Home. And so look forward and enjoy this time together. Be encouraged. Give thanks.

Summer Longing (adapted)

**Not just the sun,
It's the memories,
The fun,
The love,**

The leaves that sway in the summer breeze.

**It's not just the places,
It's the journey, the faces.**

**And as I look up at this cloudy sky,
I wish for the freedom of a time gone by.
But it's not just summer, It's the memories that last,
It's the friends, the laughs, happiness, sadness,
They all make the memories of the past.**

Shirley Furze, Trustee



JUNE BIRTHDAYS

RESIDENTS

James

Julie

Marilyn

Edward

DAYCLUB

Morphydd

JUNE ACTIVITIES

Tues	4th June	Holly Marks - Singer
Weds	5th June	Golden Oldies - Singer
Fri	7th June	Bath Heritage Museum - Talk
Mon	10th June	Bath All Comers Orchestra 6PM
Weds	12th June	Now & Then - Singing Group
Thurs	13th June	Terry and Jenny - Ballroom
Fri	14th June	Chris Griffiths - Keyboard/Singer
Mon	17th June	Museum of Bath Work - Talk
Weds	19th June	John on me Tod - Guitar & Singer
Thurs	20th June	Golden Toes - Seated Dance
Fri	21st June	Mike Renton - Piano & Sing along
Weds	26th June	RSPB Talk
Thurs	27th June	Mo Jo - Arts and Crafts
Fri	28th June	Alive - Reminiscence

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Well here we are approaching midsummer so cricket, tennis, strawberries – what more could we wish for!

Since the May edition of Bridgemedians we have enjoyed our Fish & Chip Supper and Quiz – a lovely occasion with families and friends vying against each other in serious combat! A very big thank you to Liz Cocks, her husband Trev and daughter Sarah for hosting the evening – a well organised event! Also thank you to Sandra Stephens for running the 'Heads and Tails' competition! Pam, Bev and Bridgemean staff also deserve a thank you for organising all the 'domestics'. I think a profit of about £265 was made – so well done to everyone who supported the evening.

Our next event is the Strawberry Tea which takes place at Bridgemean on Saturday 20 July 2.30pm – we would love to see you there.

A reminder that the Friends' Annual General Meeting will take place on Tuesday 16 July, Bridgemean at 7.30pm – we would love some company on that evening – drinks and nibbles will be served!

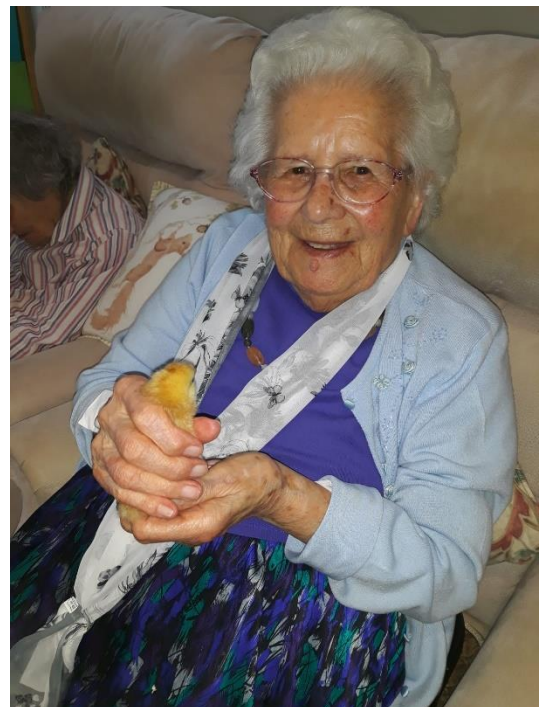
I would like to make special mention to one of our committee members – Sue Harris - who single-handedly raised £550 for the Friends. Sue persuaded a few Inns to raffle big Easter Eggs for her.....and she then collected the bounty. Well done Sue and thank you!

A big thank you to everyone who has paid their subscriptions, there are still a few outstanding – please feel free to offer us money at any time!

Una

LIVING EGGS

During the first two weeks in May the Residents and Staff had the pleasure of experiencing the joy of new life with chicks. From start to finish the Residents and Staff were engaged with the fascination created. The chicks had many outside visitors to see them including families, young children, grandchildren etc and were all able to have a cuddle if they wished. The chicks have now moved on to their new life on the Mendips.



Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it

is: <https://localgiving.org/charity/bridgemead/>- <http://www.localgiving.org/charity/bridgemead>

Please note that Bridgemia can now be found on our website.

Go to www.bridgecare.org.uk, click on Bridgemia and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemia by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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