



bridgemead

**BRIDGEMEDIA**

# Newsletter July 2019



### Day Club

Are you, or do you know anyone who may be, interested in attending Bridgemed Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage – 01225 484904 email: [dayclub@bridgecare.org.uk](mailto:dayclub@bridgecare.org.uk)

### Volunteers:

We would love volunteers to come and help with our group activities.

14:00-15:00 Monday-Friday

Having friendly faces who are interested in having meaningful conversations with our residents during group time is of great benefit to all involved.

If you are interested in volunteering as a 1 off, occasionally, or even regularly, please contact us on: [activities@bridgecare.org.uk](mailto:activities@bridgecare.org.uk)

## Fourth of July

S	T	R	I	P	E	S	E	A	E	S	S	O	W
D	E	C	L	A	R	A	T	I	O	N	G	C	R
T	U	E	D	A	A	A	C	I	R	E	M	A	S
T	T	E	E	F	Y	T	R	E	B	I	L	S	E
R	F	I	R	E	W	O	R	K	S	A	R	D	M
G	F	R	E	E	D	O	M	E	E	R	S	N	A
I	N	D	E	P	E	N	D	E	N	C	E	E	S
E	E	S	T	A	R	S	E	D	D	D	O	I	E
T	E	Y	F	E	E	R	D	O	T	N	R	R	L
I	E	R	L	P	A	R	A	D	E	R	E	F	C
H	L	E	T	I	T	I	D	R	E	T	H	S	N
W	I	U	E	S	M	S	N	D	G	A	L	F	U
N	N	L	A	O	E	A	A	B	A	O	I	L	R
B	N	B	F	F	F	M	F	A	N	N	S	E	I

FREEDOM  
DECLARATION  
FRIENDS  
RED  
INDEPENDENCE  
STRIPES  
STARS  
AMERICA  
FIREWORKS  
LIBERTY  
WHITE  
PARADE  
FAMILY  
FLAG  
UNCLE SAM  
BLUE  
HEROES

## **“Who is this?”**

**“Who is this? Even the winds and waves obey him!” Mark**

**4:41**

**It is not necessarily the long passages in the Bible which are most significant; sometimes the short ones are really profound. In each of the first three gospels we find the account of Jesus calming the storm, which is recorded in just seven verses. Jesus and his disciples had set out to cross to the other side of the Sea of Galilee when a severe storm blew up. Jesus was asleep in the back of the boat and the disciples panicked. They woke Jesus up and said, “Teacher, don’t you care if we drown?” Jesus simply stood up and spoke to the wind and the waves saying, “Quiet! Be still!” The wind died down and it was completely calm. The disciples were both terrified and amazed and said to each other, “Who is this? Even the wind and the waves obey him!” At that point they knew something of his power and authority but still had so much to learn about him. “Who is this?” is the question that we all need to understand the answer to. Firstly, and most importantly, Jesus is God and the creator of the heavens and the earth – no wonder the winds and the waves obeyed him. Then Jesus is the Saviour of the world. People often think in terms of Jesus being a teacher, a righteous man who came as an example to us and a miracle worker, but he came as Saviour. Because he is God, he was the only one who could pay the price for our sins by dying upon the cross. The Bible tells us that he is also our judge and that one day we must all answer to him about our response to him in this life. The Easter response “Christ has died! Christ has risen! Christ will come again!” reminds us that he will return and that then everyone will recognise that He is Lord.**

**Alan Ashworth**

### **Trustee Statement**

As I wrote this piece for Bridgemediia, as I often do, I looked out of the window over my garden pond to see what the birds were up to. Looking at the birds reminds me of something Jesus said that makes me smile. “Do not worry about your life... Look at the birds of the air...”

The pond and cascade are such a draw for birds to drink and bathe and preen. At popular times of day there may be up to a dozen birds bathing or queuing for their favourite spot. Sometimes I can't actually see the bird but just a great shower of water – it's usually a blackbird.

The biggest bird by far to visit the pond is a heron. They look huge close up! They are now a rare visitor as they now know I have no fish. While the smallest, very special visitor this year, even smaller than the wren, was a gold crest – seen just a couple of times bathing in the cascade in the peaceful early evening.

My current favourite, almost daily visitor, since spring is Jake the drake - he's just flown in. His partner Jemima the duck only pays very quick visits these days as she has a nest elsewhere. So for her it's eat, drink, wash, preen, repeat and fly away. If we haven't noticed their arrival which may be as early as 5:30am they tap on the patio door!

Jake the drake will happily while away many hours 'resting his feathers' on or by the pond while Jemima does all the work on the nest! The other day he was resting in one of his favourite spots below the cascade when a couple of gold finches flew in. They are great fun to watch – they are very flitty, flighty birds. Jake was not amused! He gave them 'the look' but in the end retreated to the other side of the pond to get some peace and quiet.

I don't think when Jesus said “look at the birds” he meant all day! I'll just finish the words Jesus said to his disciples “Do not worry about your life... Look at the birds of the air... your heavenly Father feeds them... And you are much more valuable than they. Who of you by worrying can add a single hour to his life”? I help to look after the birds but how much more my loving heavenly Father looks after me. That's something that really puts a smile on my face.

Tilly Wood - Trustee



**Sadly we say "Goodbye" to**

**Jasper Rose**

**Our Love and thoughts go out to his family**



**HAPPY BIRTHDAY TO**

**RESIDENTS:**

**Rosemary (S)**

**Margaret (B)**

**Leslie (S)**

### **JULY ACTIVITIES**

<b>Mon</b>	<b>1st July</b>	<b>Gavin Lazarus - Singer &amp; Guitar</b>
<b>Weds</b>	<b>3rd July</b>	<b>Larry Coles - Cornet &amp; Accordion</b>
<b>Thurs</b>	<b>4th July</b>	<b>Musica - Musical Variety Workshop</b>
<b>Mon</b>	<b>8th July</b>	<b>Golden Oldies - Singer</b>
<b>Weds</b>	<b>10th July</b>	<b>Danny Guest - Singer</b>
<b>Fri</b>	<b>12th July</b>	<b>John Holcombe - Singer</b>
<b>Weds</b>	<b>17th July</b>	<b>Phil Smith - Singer and Guitar</b>
<b>Fri</b>	<b>19th July</b>	<b>Laurence Kell - Violin/Ukulele</b>
<b>Sat</b>	<b>20th July 2.30pm</b>	<b>Strawberry Tea - Friends Bridgemoor</b>
<b>Tues</b>	<b>23rd July</b>	<b>Mike Renton - Piano - Sing-along</b>
<b>Weds</b>	<b>24th July</b>	<b>James Hogg - 'Music &amp; Memories'</b>
<b>Thurs</b>	<b>25th July</b>	<b>Smithy Singers - Choir</b>
<b>Fri</b>	<b>26th July</b>	<b>Golden Toes - Seated Dance</b>
<b>Tues</b>	<b>30th July</b>	<b>Forget-me-Not - Keyboard-</b>
<b>Weds</b>	<b>31st July</b>	<b>Mo Jo - Arts and Crafts - Arts &amp; Crafts</b>



## **FRIENDS OF BRIDGEMEAD**



**Hello Bridgemedians,**

**Wow, aren't the new dining room chairs and tables smart! The Friends were delighted to be able to finance them – and hopefully the bedroom chairs as well! We don't have many pennies left in our account now but that's exactly how we like it – no stockpiling for us. We do hope that the residents will be comfortable using them.**

**We have our Strawberry Tea on Saturday 20 July at Bridgemead, 2.30pm – we hope to see lots of you there! Strawberry Cream Teas will be on sale and there will be a few stalls for you to browse. The residents really enjoy this event so the more visitors there are the better they like it.**

**A reminder that the Annual General Meeting of the Friends will be held at Bridgemead on Tuesday 16 July 7.30pm, please try to attend, we would love to see you and offer you a nibble and drink.**

**Lastly, a big thank you to everyone who has paid their annual subscriptions – there are just a few outstanding so we would love to receive them soon!**

**Enjoy the Summer.**

**Una**



## **WESTONBIRT**

### **News at Bridgemead - Activities**

**May/June have been busy months with lots of activities being enjoyed by all.**

**Residents enjoyed a lovely visit to Westonbirt during May and we are planning another visit for more Residents to enjoy. As you can see from the photo the Rhododendrons were in full bloom considering the recent climate!**

**We had a Drama/Workshop given by Bath Spa Students one Friday afternoon at the end of May.**

**This was part of their Drama course and their tutor and examiner attended their performance. It was thoroughly enjoyed by all at Bridgemead and especially Tom our resident who accompanied them on the piano. We are looking forward to further visits from Bath Spa. It was highlighted, on their feedback, the benefits for the Students and Residents.**

**In June Bath All Comers Orchestra performed at Bridgemead during a Cheese and Wine evening. It was well attended by the Residents and their visitors. The orchestra consisted of approximately 20 musicians with a variety of instruments. The performance and refreshments were enjoyed by all. See the photo on the back cover.**



## **BATH ALL COMERS ORCHESTRA**

### **Local Giving**

Bridgemed has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: [https://localgiving.org/charity/bridgemed/-](https://localgiving.org/charity/bridgemed/) <http://www.localgiving.org/charity/bridgemed>

Please note that Bridgemed can now be found on our website.

Go to [www.bridgemed.org.uk](http://www.bridgemed.org.uk), click on Bridgemed and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemed by e-mail, can you please let us know on [admin@bridgemed.org.uk](mailto:admin@bridgemed.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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