

BRIDGEMEDIA

Bridgemead Care Home Newsletter

July 2018

"In the Father's likeness."

Jesus said, "Anyone who has seen me has seen the Father." John 14:9

People today sometimes say, "If I knew what God was like, I might consider believing in him and following him." Other people might say, "Well this is what I think that God is like" and then give their own ideas about him. But we don't have to wonder what God is like, we can know. We can know something of what God is like by looking around us at what he has created. The writers in the Old Testament told us what God is like because he had revealed himself to them. But we really get to know God by getting to know Jesus.

In answer to a question from Philip as to what God is like, Jesus said that anyone who has seen him has seen God. Paul said that Jesus is the image of the invisible God, and the writer to the Hebrews said that Jesus is the radiance of God's glory and the exact representation of his being. So when we see Jesus showing compassion and mercy to people who were blind or had leprosy, or people who were outcasts in society, we see the compassion and mercy of God. When we see the faithfulness of Jesus when he doesn't give up on people even when they give up on him, we see the faithfulness of God himself. When we see Jesus's love for all those around him and particularly when we see the love of Jesus as he died on the cross for us, we see the love of God the Father. When we think of Jesus as he hung on the cross and looked around him at those who had been instrumental in his death and prayed, "Father, forgive them for they do not know what they are doing", we see God's heart of forgiveness. So, if you personally want to know what God is really like, then don't speculate but pick up a Bible and look what it says about God and particularly what it says about what Jesus is like.

Alan Ashworth

A Message from the Chairman of the Trustees

Hello Bridgemedians

July is noted for some major sporting events, not least of which is Wimbledon which attracts the elite of the tennis world and would not be the same without strawberries and cream for those attending the event. But even Wimbledon has some significant competition this year with the FIFA World Cup taking place at the same time. On present form (as at Sunday 24th June) expectations of a great outcome for the English team are currently very high – only time will tell!

Of course success never happens without a great deal of hard work and commitment. This is true of all top athletes who practice for hours every day whatever the conditions. But this doesn't only apply to athletes. I am pleased to be able to pay tribute to the management and staff in achieving a 'Good' CQC rating following our recent CQC inspection. This was possible only through their hard work and commitment. Inspections by CQC are extremely rigorous these days and, unlike Ofsted inspections, are carried out without any advance notice at all. They really are unannounced and the staff have to be ready whenever the inspectors arrive.

I am delighted with the result and want to congratulate the entire team under Pam's leadership for their success and for the hard work that has made it possible. Of course we need to move forward. We are aware of the need for ongoing improvement and would appreciate your help. We want to demonstrate best practice in all we do and are always open to your suggestions for improvements in the home. Please let us know what we can do better.

Of course, on the subject of strawberries and cream (as noted above), please remember the Strawberry Fayre which will be held on Saturday 28th July at 2.30pm – rain or shine (hopefully the latter!). This is always a popular event and, unless you have a wedding to attend on that day (which I do it so happens), you will not want to miss it. It is thanks to the great work done by *'Friends of Bridgemead'* backed up by the staff, that such events take place – well done one and all!

I think that is all for me for this month. I trust you enjoy a lovely summer and that you do not get too overwhelmed by the hoped-for success of the England team.

Blessings



Thank you for all you have done!



On Friday 22nd June we said a big 'thank-you' and a fond farewell to two of our long-serving volunteers, Jeanette Self and Ingrid Roberts. Jeanette retired from working at Bridgemead twelve years ago. Since then, she committed herself to leading Quiet Time, our short daily devotional service every Monday morning. Jeanette always gave a great deal of time and thought to her Quiet Times, as well as a listening ear to those who wanted to chat afterwards. Ingrid has given over twenty-two years of tea/coffee trolley service to residents. Ingrid always wore a cheery smile and had kind words to share with everyone over a cup of tea. We are extremely grateful to them both for their commitment, dedication, and companionship. We wish them all the very best for the future.

July Birthdays

Residents

2nd July - Rosemary Smith4th July - Margaret Ball27th July - Leslie Simmons

Day Club

29th July - Martin Lockley



July Activities

Tuesday 3rd July - 'Musica' musical interaction with Claire and violin

Wednesday 4th July - Danny Guest sings (2.30pm)

Thursday 5th July - Laurence Kell plays soothing violin music

Tuesday 10th July - Frankie Johns sings and entertains

Wednesday 11th July - 'Now & Then' sing and play

Thursday 12th July - Half-Day Trip - Holburne Museum (TBC)

Tuesday 17th July - 'Creative Minds' art & crafts with Grace

Wednesday 18th July - 'Forget-me-Not' sing and play

Thursday 19yh July - Pam and Residents Coffee Morning (10.45am)

Tuesday 24th July - David Kniveton's flute recital

Wednesday 25th July - Sing-a-long with Mike Renton

Thursday 26th July - Chris Griffiths sings and plays

Saturday 28th July - Strawberry Summer Fayre (2.30pm)

Monday 30th July - NEW B-Flat Barbers (Barbershop Singers)

Farewell

Mary Lester passed peacefully away at Bridgemead on Monday 21st May. Mary will be warmly remembered by all those who knew and cared for her.

Grow old along with me!

The best is yet to be,

The last of life, for which the first was made:

Our times are in His hand

Who saith "A whole I planned,

Youth shows but half; trust God: see all, nor be afraid!"

Excerpt from 'Rabbi Ben Ezra' by Robert Browning

Can you help?

We urgently need volunteers to help us with a variety of activities including; leading 'Quiet Time', a fifteen-minute daily devotional service for residents, which usually includes a short bible-reading, prayer and hymn singing. Tea and coffee trolley, and assisting residents to join in with group afternoon activities.

If you feel you could help to support the residents of Bridgemead, please contact Rosemary on Reception or Michelle Jenner, Activities Co-ordinator. Telephone 01225 484 904. Thank you.





Friends of Bridgemead

Hello Bridgemedians,

I'm in a bit of a quandry, I really don't know what to watch on the television – I'm spoilt for choice! Now shall I watch Andy Murray on his comeback from major surgery playing at 'Queens' or shall I choose cricket - our men are really trouncing Australia in the One Day Internationals...... .but our ladies' team is also doing well! Maybe I should resist all and just concentrate on the Bridgemedia report!!

I would like to remind you all that the **Friends' Annual General Meeting** is on **Tuesday 17th July 7.30pm at Bridgemead** and it would be so good to see some of you there. After many years of loyal, dedicated service as Treasurer, our dear friend Wendy Allen is retiring due to ill health. She has always been an energetic, enthusiastic and totally supportive team player and we shall miss her dreadfully. We hope that Wendy, and Ken her husband - who has always been by her side to help - will be able to make an appearance on the 17th.

Our Strawberry Tea is on Saturday 28th July and will take it's normal relaxed approached. We shall have a few stalls – cards and jewellery, cakes and crafts............ and also a raffle. Strawberry cream teas will be on sale at £2.50. We hope that many of you will attend, it's always a happy afternoon.

On Friday August 31st we shall stage a walking treasure hunt of Bath. The event will start with a cup of tea at Bridgemead at 4pm when you will receive your instructions and details of the route. You will be allowed a tad over 2 hrs to complete the course after which there will be a Ploughman's supper with cider/soft drink waiting for you back at Bridgemead. Prizes will be awarded to the winners. The cost will be £12.

A final request.....we have a vacancy on our committee, so if there is anyone out there who would be willing to serve please have a word with me at the AGM or call on 01225 428518.

Thank you.

Una

Early July in History



2nd July 1644 - Parliamentarian forces defeated Prince Rupert at the Battle of Marston Moor, their first victory over the Royalists in the English Civil War.



9th July 1877 - The inaugural Lawn Tennis Championship was played on top of the croquet lawns at Wimbledon. Spencer W Gore won the men's singles title.



12th July 1910 - British pilot Charles Stewart Rolls, 33, died after his French built biplane crashed at a flying competition in Bournemouth. He was a partner in the Rolls-Royce car manufacturing company.



14th July 1858 - Birthday of Emmeline Pankhurst, English suffragette who endured imprisonment in order to gain the vote for women.



21st July 1969 - United States of America astronaut Neil Armstrong was the first man in history to walk on its powdery surface.

Source: www.historic-uk.com

Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: https://localgiving.org/charity/bridgemead/

Please note that Bridgemedia can now be found on our website. Go to www.bridgecare.org.uk, click on Bridgemedia and you will find the latest issue. We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedia by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome. Published by Bridge Care Ltd, Bridgemead, 81 St John's Road, Bathwick, Bath BA2 6PZ. Bridge Care is a company limited by guarantee and registered as a charity under number 299400. Limited Company registration number 2001246 (England).

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Give us a call for more information about our services.

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