



**bridgemead**

# **Bridgemed ia Newsletter February 2022**



# Reference Words

H	Y	B	E	T	H	E	S	A	U	R	U	S	I
D	L	I	L	S	E	A	A	T	M	T	A	T	D
C	S	O	T	P	E	U	T	D	A	C	L	H	E
M	E	G	I	A	S	T	L	R	G	E	M	G	W
N	R	R	T	M	I	H	A	O	A	J	A	I	E
O	N	A	A	A	T	O	S	W	Z	B	N	R	Y
N	E	P	G	H	N	R	N	Y	I	U	A	Y	D
F	G	H	I	N	D	E	X	E	N	S	C	P	E
I	T	Y	H	K	D	S	R	K	E	O	A	O	C
C	N	T	T	E	N	R	E	T	N	I	E	C	I
T	E	N	C	Y	C	L	O	P	E	D	I	A	M
I	G	D	I	C	T	I	O	N	A	R	Y	G	A
O	G	O	L	A	T	A	C	D	R	A	C	A	L
N	Y	R	A	S	S	O	L	G	C	T	I	O	G

THESAURUS  
 INDEX  
 DEWEY DECIMAL  
 KEYWORD  
 CARD CATALOG  
 SUBJECT  
 ENCYCLOPEDIA  
 MAPS  
 NON FICTION  
 COPYRIGHT  
 INTERNET  
 GLOSSARY  
 GENRE  
 TITLE  
 ALMANAC  
 MAGAZINE  
 BIOGRAPHY  
 DICTIONARY  
 AUTHOR  
 ATLAS

*A small bird twitters on a leafless spray,  
 Across the snow-waste breaks a gleam of gold:  
 What token can I give my friend to-day  
 But February blossoms, pure and cold?  
 Frail gifts from Nature's half-reluctant hand...  
 I see the signs of spring about the land...  
 These chill snowdrops, fresh from wintry bowers,  
 Are the forerunners of a world of flowers*  
 ~Sarah Doudney,



## Alan Ashworth - Chaplain

### **“But God has promised .....!”**

*“God is our refuge and strength, an ever-present help in trouble.” Psalm 46:1*

Covid-19 has made the last two years very difficult for many people. Most of us are used to events being fairly predictable and running quite smoothly. Perhaps we shouldn't necessarily expect that. Jesus said to his disciples, “In this world you will have trouble. But take heart! I have overcome the world.” There is a poem which I love which says, “God has not promised skies always blue, flower-strewn pathways all our lives through; God has not promised sun without rain, joy without sorrow, peace without pain.” The poem goes on, “But God has promised .....” and this is where Psalm 46 gives us the answer. The psalmist lists the situations his people are facing: “though the earth gives way and the mountains fall into the heart of the sea; though its waters roar and foam and the mountains quake with their surging; though the nations are in uproar and kingdoms fall .....” Those words apply very well to our world in the 21<sup>st</sup> century with its natural disasters, pandemic, climate change and political upheavals. The psalmist's answer is plain: “God is our refuge and strength, an ever-present help in trouble; God is with us, God will help us; the Lord Almighty is with us, the God of Jacob is our refuge.” Going back to our poem it continues: “But God has promised strength for the day, rest for the labour, light for the way, grace for the trials, help from above, unfailing sympathy, undying love.” I'm sure that the person who wrote the poem had a psalm like Psalm 46 in mind. The psalmist finishes by quoting God's words: “Be still, and know that I am God,” where “Be still” literally means something like “Let go” or “Trust in me!”

## News at Bridgemed

We have now been able to re-open Day Club. It's lovely to welcome members back and catch up with their news and enjoy sharing activities together. If you, or anyone you know would be interested in attending Bridgemed Day Club we currently have spaces and at present we open only on a Wednesday. As and when numbers increase extra days will be added. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage - 01225 484904 - email: [activities@bridgecare.org.uk](mailto:activities@bridgecare.org.uk)

The residents are enjoying our 'Themed Days'. Our next theme is 'Cornwall' where a variety of cornish food, activities and music will be on the menu!! We are also in the process of painting a display titled 'Under The Sea' and hopefully we should be able to share our works in the next Bridgemed.



Sadly we say goodbye to:

Sue T

Leslie S

Our Love and thoughts go out to both their family and friends



Happy Birthday to:

Residents:

Jane T

Audrey A

Ann W

Elizabeth M

## Registered Manager – Bridgemead



**Hello, my name is Ryan Iyavoo, and I'm the new manager of Bridgemead. I've spent the last 15 years working in the health care sector. One of my main ambitions is to promote person-centred care and be an advocate for vulnerable individuals. My parents were born in Mauritius which is a small country near Madagascar, South East of Africa. They came to England in 1986 and started their journey in Central London. My father was an accountant and my mother a receptionist. I was then born in Stratford London and then moved to Surrey.**

**I started my journey in health care with my family in Lyme Regis. We supported 18 elderly individuals with an array of different health needs. I then moved to Bath in 2013 and was lucky to work for the Royal National Institute for the Deaf where I managed a small team who supported individuals with dual sensory loss. It is there where I learnt sign language and a variation of communicational skills. In my last role I worked for Wiltshire Council where I managed three teams (Respite service, Day Service and Shared Lives).**

### **My story into faith:**

**I have been a Christian for the last 21 years and have been a part of Holy Trinity Church in Combe Down for the last 9 years. I was brought up to belief in Hinduism and both of my parents were also brought up in a Hindu family but were non practising. When I was 10 my family were invited to attend a French speaking service and at the age of 13 my dad, mum and myself were baptised at Streatham Baptist church. This period of my life was very difficult as many relatives couldn't understand our decision. I have been very much involved in children ministry in all churches that I have attended and enjoy watching the next generation come to faith.**

### **New Adventure**

**I am excited with my new adventure with Bridgemead and can't wait to meet all of our families, visitors and volunteers. The team at Bridgemead have been so welcoming and I can't wait to support all the people that make Bridgemead special. The last two years have been the biggest struggle for all. Yet even with all these hurdles Bridgemead and all the people that make Bridgemead, came together and supported one another.**

**It says in Ephesians 4:16 from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.**

**Kind Regards - Ryan Iyavoo**

## **FRIENDS OF BRIDGEMEAD**

**Hello Bridgemedians,**

**We are still being hampered by Covid which means that we haven't been able to meet up yet this year.**

**Happily, committee member Chris Sivyour organised a Christmas Raffle for Bridgemead which made a magnificent profit of £180. Tickets were sold both at Bridgemead and outside to friends. We are extremely grateful to Brian, Chris' son who very generously contributed £50 towards the prizes - Well done and thank you Chris!**

**We continue to collect 5p pieces which add up surprisingly quickly, but we do miss arranging fund raising events - it's our raison d'etre - which sadly we haven't been able to do for two years now. However you can rest assured that as soon as the current situation improves we shall be up and running again!**

**Our continued thanks go to Pam and the team for keeping everyone at Bridgemead safe and well.**

**You all keep snug and warm now!**

**Una**

### **Covid Update**

**Thankfully we have had no further positive results therefore we have reverted back to 1 essential care giver and 3 nominated visitors. LFD tests are still required prior to visit and length of stay can be extended. Visits out of the home can resume but LFD tests are required daily for 14 days on return.**

## Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: [www.bridgecare.org.uk/donate](http://www.bridgecare.org.uk/donate)

Please note that Bridgemia can now be found on our website.

Go to [www.bridgecare.org.uk](http://www.bridgecare.org.uk), Bridgemia can be found on the News page.

We also now have a page for Staff Vacancies on the website

<https://www.bridgecare.org.uk/about/staff/vacancies/>

If you would prefer to receive your copy of Bridgemia by e-mail, can you please let us know on [admin@bridgecare.org.uk](mailto:admin@bridgecare.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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**Our mailing address is:**

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**'Under the Sea' display being prepared!!!**



