



bridgemean

# BRIDGEMEDIA



Newsletter  
August 2019

## Day Club

Are you, or do you know anyone who may be, interested in attending Bridgemed Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage - 01225 484904 email: [Dayclub@bridgecare.org.uk](mailto:Dayclub@bridgecare.org.uk)

## Volunteers

We would love volunteers to come and help with our group activities. 14.00 to 15.00 Monday to Friday

Having friendly faces who are interested in having meaningful conversations with our residents during group time is of great benefit to all involved.

If you are interested in volunteering as a 1 off, occasionally, or even regularly, please contact us on :

[activities@bridgecare.org.uk](mailto:activities@bridgecare.org.uk)



**SUMMER SPORTS  
WORD SEARCH**

EZYOIULXXGFQEFF  
ELCYCIBLYEDRTZE  
AUVJEHIMACLCEBM  
TKBBFXNCZBAKDDI  
HKWFMASRGVESWPT  
LSPPSIHOZNB SUHF  
ESTTNIFSNWIGAQL  
TXINGBSSWERTRBA  
ECEKTTFCCKAJH  
STAPAFSOOLMIBOU  
MLKDOCCUQASMWSB  
THIYHEONEOWCIE X  
ZUAJASRTAGFDUNV  
MLSOCCE ROERDCBG  
PSVLLABYELLOVLA

Athlete	Cross Country	Playoffs	Stadium
Baseball	Goalie	Score	Swimming
Bicycle	Gymnastics	Scuba	Tennis
Boating	Halftime	Soccer	Volley Ball

**Alan Ashworth - Chaplain**

***“Blessed, Glorious, Almighty, Victorious God”***

***“Immortal, invisible, God only wise,***

***In light inaccessible hid from our eyes,***

***Most blessed, most glorious, the Ancient of Days,***

***Almighty, victorious, Thy great name we praise.”***

Although I didn't become a Christian until my mid-thirties, I do remember singing the hymn, “Immortal, invisible” during my childhood days and it made a real impression upon me. I suppose that it was the contrast between my smallness and God's power and majesty. I read again recently the words from Daniel 7:13-14, which are partly behind the hymn: “There was one like a son of man, coming with the clouds of heaven. He approached the Ancient of Days and was led into his presence. He was given authority, glory and sovereign power; all peoples, nations and men of every language worshipped him. His dominion is an everlasting dominion that will never pass away, and his kingdom is one that will never be destroyed.” As we watch or listen to the news these days there is often a sense of despair and a wondering where things are leading. The British political system is in the worst turmoil for probably seventy years. Our young people are growing up with some real challenges that we never had. The relationships between the United States of America, China, Russia, Iran and many other countries are a real cause for concern. The changing climate around the world has been called a “Climate Emergency” by some and there is a growing concern about the pollution of our oceans. We can and should try to do what we can to change things but much seems out of our control. These factors could lead to depression about our world and our future. The promises of the Bible and hymns like “Immortal, invisible” inspired by Bible passages remind us that God is working his purposes out and will ultimately bring everything under his control, and as another hymn says, “All will be well in His Kingdom of Peace.”

## **Trustee Message**

**Greetings to you all! I hope you are enjoying this warm and sunny spell that we are having, and not finding the heat too excessive! I myself am just longing for a really good thunderstorm to allow my garden to soak properly, rather than having to trot up and down with my watering can...**

**Weather is one of those unpredictable realities we all live with, despite the efforts of the weather men! Uncertainty and change is all around us constantly, and just at the moment they are very obvious. I personally am really so thankful that, despite uncertainty in Europe, globally and at home, politically and socially and in our great organisations (such as the Health Service, in which I worked for 32 years), that our God is Sovereign and that He, not us, is in charge!**

**We have always much to be thankful for that Bridgemoor, after so many years, is still functioning very much in line with the original vision. A stunning waterside location, an open, airy building which is intended to be a proper home for residents, encouraged to live and worship as they would choose to, and looked after by dedicated, caring and responsive staff teams and managers.**

**However Bridgemoor has always evolved, responding to CQC reports and organisational requirements. Change is vital if we are to avoid becoming stagnant, resting on our previous achievements, as well as to develop, to learn new approaches and modern practices. Just at the moment there is financial uncertainty, resulting in recent increased charges and a reassessment of our staff roles at Bridgemoor. This has been really hard for us all, not least for the residents' families and staff members concerned, and we as trustees are very mindful of our responsibility to everyone. However our clear intention is to enable Bridgemoor to, God willing, continue to provide its excellent care and support that makes it so special, and so very much worth fighting for. Our prayers, as Trustees, is that we should continue to have your much appreciated support.**

**Blessings and a wonderful summer to you all.**

**Clare Biss**



**Sadly we say "Goodbye" to  
Julie Flemming  
Our Love and thoughts go out to her family**



**HAPPY BIRTHDAY TO:-**

**Florence  
Dorothy**

### **AUGUST ACTIVITIES**

<b>Thurs</b>	<b>1st Aug</b>	<b>David Kniveton - Flute Player</b>
<b>Mon</b>	<b>5th Aug</b>	<b>RSPB - Talk</b>
<b>Tues</b>	<b>6th Aug</b>	<b>Terry &amp; Jenny - Ballroom Dance</b>
<b>Wed</b>	<b>7th Aug</b>	<b>Now &amp; Then - Singing Group</b>
<b>Thurs</b>	<b>8th Aug</b>	<b>Golden Oldies - Singing</b>
<b>Tues</b>	<b>13th Aug</b>	<b>Larry Coles - Cornet &amp; Accordion</b>
<b>Weds</b>	<b>14th Aug</b>	<b>Chris Griffiths - Pianist/Singer</b>
<b>Mon</b>	<b>19th Aug</b>	<b>John on-me Tod - Singer</b>
<b>Wed</b>	<b>21st Aug</b>	<b>Mike Renton - Singer</b>
<b>Thurs</b>	<b>22nd Aug</b>	<b>Phil Smith - Singer &amp; Guitar</b>
<b>Tues</b>	<b>27th Aug</b>	<b>Alive - Reminiscence</b>
<b>Thurs</b>	<b>29th Aug</b>	<b>Holly Marks - Singer</b>
<b>Fri</b>	<b>30th Aug</b>	<b>Golden Toes - Seated Dance Class</b>

## FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Did you watch Wimbledon and the ICC Cricket World Cup? What a summer of sport! I'm often at Wimbledon – but not this year, couldn't get my hands on any tickets so had to make do with the television coverage. Now cricket is probably my favoured summer sport so you can imagine my delight when England actually won the World Cup in such exciting circumstances.....at times I could hardly bear to watch! A magnificent achievement.

I would like to thank the five Friends who joined us for our AGM on Tuesday 16 July, you were very welcome - it was so good to spend time afterwards chatting, enjoying refreshments kindly made by Caroline Curnock, and making arrangements for the next twelve months.

Our Strawberry Tea would have taken place by the time this is published but the Beetle evening will take place on Friday 6 September at Bridgemead 7pm. The cost to include a delicious Ploughman's Supper will be £12. Please bring your own tipple. Tickets available from reception soon.

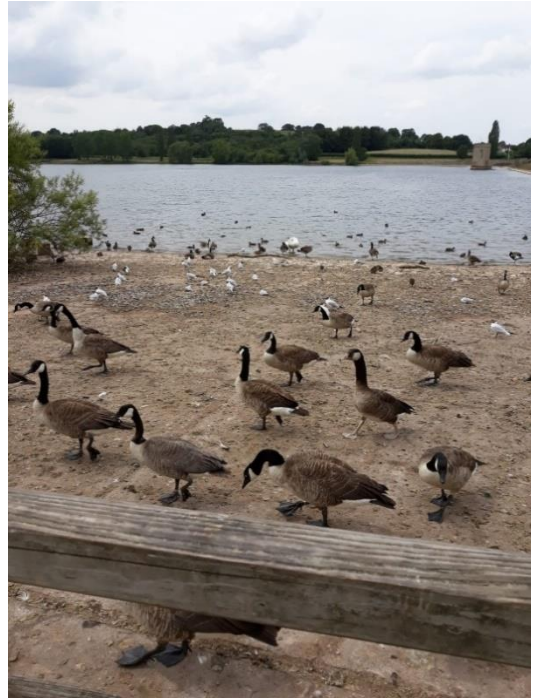
Pam and Bev will once again be organising a Murder Mystery – this year on Friday 18 October at the Longs Arms South Wraxall. We are so very grateful to Rob and Liz for hosting this event and for their kindness and generosity. More details soon.

Lastly I would like to thank everyone who have paid their 2019/20 subscription to the Friends and to remind those who have not quite got around to paying that they are now overdue. Thank you all for your continued support.

Una

## News at Bridgemed - Activities

At the end of June we organised another outing to Westonbirt to enable other Residents to enjoy the setting. It was enjoyed by all and the weather on the day was lovely. As you can see with this lovely photo the Residents' really enjoy their outings.



We had an outing to Chew Valley Lake during July where the Residents enjoyed a Fish & Chip lunch. The weather again was kind. This photo shows the lovely scenery at the lake and we hope to organise further visits for other Residents to enjoy.

The Sunflowers are growing well and starting to bloom. A Photo will be taken on the 1<sup>st</sup> August and forwarded to BANES to see if we are in with a chance of winning the Sunflower Growing Challenge arranged by BANES!! Photos and results to follow in the next issue of Bridgemed

## JENNY BOURTON

Race to the stones 2019 - Completed!

High Wycombe - Avebury - 100KM

Quite literally the hardest thing I have ever done. The pain is unbelievable but we did it, every single one of us. 12 of us started and 12 finished!

Special thanks to our support crew, who brought us things when needed but also gave us the hugs and positivity needed. Thank you also to some surprised guests as the end to cheer us on.

For me I would not have managed to train or complete this event if it not for the amazing help from the whole of my family, a lot of sacrifices were made for me to complete this huge event.

Physically, thanks to my training buddies for pushing me to new levels and to Andy Collins PT @ tri4fitness for all training/nutritional advice planned for me specifically and Jo @ Physiojo for preparing and maintaining my body physically.

Thank you everyone from the bottom of my heart

Jenny has managed to raise an amazing £500 for Bridgemed. Many thanks for completing the challenge and supporting Bridgemed



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## Local Giving

Bridgemed has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemed/> - <http://www.localgiving.org/charity/bridgemed>

Please note that Bridgemed can now be found on our website.

Go to [www.bridgemed.org.uk](http://www.bridgemed.org.uk), click on Bridgemed and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemed by e-mail, can you please let us know on [admin@bridgemed.org.uk](mailto:admin@bridgemed.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.



