



bridgemead

BRIDGEMEDIA

Bridgemead Care Home Newsletter

August 2018

“Knowing what to believe.”

“Do you not know? Have you not heard?” Isaiah 40:21 & 28

We live in a world today where it is difficult to know what or who to believe. Two years ago we had the Brexit referendum and it would now appear that both sides of the debate told us things that weren't true, either because they just hadn't thought the issues through or because they were fighting for our support. We have probably the most powerful man in the world who changes what he says by the hour let alone by the day. We have newspapers which feed us “fake news” and we don't know what to believe. For over a hundred and fifty years people have told us that the universe and people themselves have just happened, based on what is still only “The Theory of Evolution.”

There is however a positive side to this; people believing wrong things is nothing new! In Isaiah chapter 40, written nearly three thousand years ago, we read very similar things and in response Isaiah says, *“Do you not know? Have you not heard?”* People prayed to and worshipped idols which other people had carved out of wood or perhaps even gold. They thought that in coming to these man-made objects something might happen in their lives, but Isaiah said, *“Do you not know? Have you not heard? It is God who sits enthroned above the earth, it is God who made the earth and stretched out the heavens and put the stars and planets in place.”*

When the people complained their ways were hidden from God and that he disregarded their situations, Isaiah said, *“Do you not know? Have you not heard? God is the everlasting Creator who never grows tired, who knows all about you and who is able to give you the strength for each day.”* When we are tempted to feel discouraged, let's remember the words of Isaiah and the truths that he tells us about a loving heavenly Father.

Alan Ashworth

A Message from the Chairman of the Trustees

Hello Bridgemedians

Last month I referred to the FIFA World Cup in Russia and Wimbledon, a little closer to home. Neither resulted in triumph for the UK but those who took part gave their best and gained the country's respect.

Giving it our best is all that anybody can reasonably expect of us. Our eldest grandchild, like many others, took her GCSEs this year. She found the experience very stressful and is waiting on the results with bated breath. But she gave it her best and, whatever the result, we will be proud of her.

For those of us who play any part in the work at Bridgemead we are privileged to be part of a community where people have always given the best – from the very start. The design of the building is a credit to those who envisaged a home where older people could thrive. The Christian ethos and values were carefully thought through to be able to provide a community in which Christians of all traditions, as well as those of other faiths or none at all, would feel welcome and at home. The Trustees and management have always been careful to ensure that quality care is provided with compassion and commitment for the benefit of residents, day club members and their families.

But there are two groups of people to whom I want again to draw particular attention – volunteers and *Friends of 'Bridgemead'*. Volunteers and *Friends* give their time freely and, in many cases, sacrificially. Their contribution has always been appreciated but never more so than the present time when people's lives are so busy with many and varied commitments. I want to pay tribute to those who give their time in this way and express the thanks of all of us for your unstinting service and the fact that you give the best you can – your time as well as your love and commitment.

New volunteers and *Friends* are always welcome, but especially with some of our longstanding volunteers retiring. This leaves a number of gaps and, if retiring volunteers are not replaced, it will be difficult to maintain some of the additional services we provide which helps to make Bridgemead the special place it is. So this is a plea that you pass the word around your friends, churches and other groups you attend. You are ambassadors for Bridgemead – let's see if we can all make a difference.

All that is necessary is that we all do the very best we can!

Blessings,



VOLUNTEERS NEEDED!



5 reasons to volunteer



1. Gain new skills
2. Meet new people
3. Make a difference
4. Give back to the community
5. Feel valued and be part of a team

...and have fun!

Shop trolley

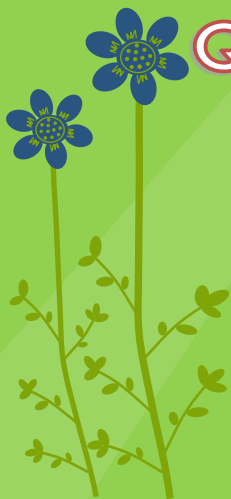
Quiet Time

Afternoon activities

Quizzes, art, crafts, food-tasting,
music, singing

Coffee trolley

Befriending



August Activities

Wednesday 1st August - Bridgemead Ballroom with Terry & Jenny

Friday 3rd August - 'Golden Toes' - Tropical & Latin seated dance class with Lauren

Monday 6th August - Phil Smith sings and plays guitar

Tuesday 7th August - Half-day trip to The American Museum cafe for afternoon tea

Wednesday 8th August - Holly Marks sings and hosts a music quiz

Monday 13th August - James Hogg's 'Music & Memories'

Tuesday 14th August - 'Creative Minds' art with Grace

Wednesday 15th August - John Holcombe plays guitar and sings

Thursday 16th August - Sally Helvey presents a talk on Jane Austen

Tuesday 21st August - Larry Coles plays the accordion and the cornet

Wednesday 22nd August - 'River is the Venue Project' - Conversation & art project about The Great Flood of 1968 in Bath and across Somerset

Thursday 23rd August - John-on-me-Tod sings, plays and entertains

Friday 24th August - 'River is the Venue Project' - with local artist Edwina Bridgeman

Tuesday 28th August - An afternoon with David Kniveton on the flute

Wednesday 29th August - Ashleigh from 'Mini-Concerts' sings and plays

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## Farewell

Mrs Margaret Hitchcock passed peacefully away at Bridgemead on Tuesday 3rd July 2018. Margaret will be missed by all those who knew her.

Miss Jean Tranah passed peacefully away at Bridgemead on Friday 13th July 2018. Jean will be much missed by all those who knew and cared for her.

They are not lost our dearest friends,  
Nor have they travelled far,  
Just stepped inside home's loveliest room  
And left the door ajar.

## Friends of Bridgemed

**Hello Bridgemedians,**

Here we are in July/August - mid Summer, the months for fetes, fayres, outdoor theatre and music productions! What a joy!

I am making my annual pilgrimage to Cardiff for the Welsh Proms – one of the highlights of mine and my husband's year! It also happens to be near the home of our younger daughter and her family so it gives us a chance to catch up with them too – always a pleasure – families are so precious aren't they? I wonder what their dog Bruno has been up to lately?!

What else happens in July? – well our AGM for one thing! Sadly we had to say a fond farewell and huge thanks to Wendy Allen who has been a stalwart on the Friends committee for 16 years as our much valued Treasurer. Since I became Chairman I have been loyally supported by Wendy, both as a colleague and friend – I shall miss her so much!

We were delighted to present her with a Champagne Afternoon Tea Voucher which we hope she and Ken – who has been a great support to Wendy with her Treasurer duties - will enjoy! Wendy was also given a rose for her garden. We wish Wendy time to enjoy the rest of her life with Ken, her family and friends. Judith Roach has kindly offered to step in as Treasurer, she has our thanks and good wishes.

The AGM was well attended and I should like to thank everyone who came along to support your committee. The evening finished with drinks and nibbles – courtesy of Caroline Curnock.

As I write this I am anticipating good weather for our Strawberry Tea which is on 28th July and our new venture, a **Walking Treasure Hunt of Bath on 31st August**. I do hope both are going to be well attended – I shall report in the September Bridge-media.

**A happy Summer to you all!**

**Una**

# At the Seaside

*by Robert Louis Stevenson*

When I was down beside the sea  
A wooden spade they gave to me  
To dig the sandy shore.  
My holes were empty like a cup,  
In every hole the sea came up,  
Till it could come no more.





Name: \_\_\_\_\_

# FUN IN THE SUN!



F I S H I N G M  
S P I Q A Q T U J P D Y  
C P P O H N X B T H O O Z E  
J S R S J O D K E E G P P U R J  
K U W I U P T C P A H H S W X W N V  
E L U N N I N A F C T P I X I M M H  
I I Y Y K T C G S C H U J C G X A S Q Z  
C C M R L A N N T E T T B L Q G U A O K  
E L V L E N I E L D O M V E V Y G N C Y  
C I H D R T C N E E W U V I W S U D E F  
R W P S U N S C R E E N A E D W S A A N  
E L E M O N A D E Z L I C I S I T L N M  
A I W A T E R S L I D E A H H M C S A T  
M T B A R B E C U E J D T D O M V U Q T  
O V M A U G P A R K X I B R I M M I  
M Q I S S Y M A R U J O O T N A U D  
X I V W B E A C H R N A S G M Q  
L K T J U N E Y V J T C F U  
S U N G L A S S E S A W  
L S O P J C A G

AUGUST  
BARBECUE  
BEACH  
BEACH TOWEL  
BOAT  
FISHING  
HOT  
ICE CREAM  
JULY

JUNE  
LEMONADE  
OCEAN  
PARK

PICNIC  
POPSICLE  
SANDCASTLE  
SANDALS

SHORTS  
SPRINKLER  
SUNGLASSES  
SUNSCREEN  
SUNTAN  
SWIMMING  
VACATION  
WATER SLIDE

## Local Giving

Bridgemed has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemed/>

Please note that Bridgemed can now be found on our website. Go to [www.bridgecare.org.uk](http://www.bridgecare.org.uk), click on Bridge-media and you will find the latest issue. We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemed by e-mail, can you please let us know on [admin@bridgecare.org.uk](mailto:admin@bridgecare.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome. Published by Bridge Care Ltd, Bridgemed, 81 St John's Road, Bathwick, Bath BA2 6PZ. Bridge Care is a company limited by guarantee and registered as a charity under number 299400. Limited Company registration number 2001246 (England).

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