



bridgemead

# BRIDGEMEDIA

Bridgemead Care Home Newsletter

April 2019

## **Christ has died! Christ has risen! Christ will come again!"**

*An angel said to his disciples at the tomb, "Why do you look for the living among the dead? Jesus is not here; He has risen! Remember what he told you while he was still with you." Luke 24:5-6*

Many Christian churches start their Easter Day celebration services with a triumphant shout of either, "Christ is risen! He is risen indeed!" or "Christ has died! Christ has risen! Christ will come again!" The resurrection of Jesus Christ from the dead is a central belief for Christians. Jesus died on the cross in our place to pay the price for our wrong doing and our rebellion against God. The reason that Jesus' death could provide forgiveness for sin and reconciliation to God was that Jesus himself was the Son of God, sent by God for that very purpose. Jesus did many things during his lifetime that showed that he was no ordinary man, but was God made man. While Jesus was dying on the cross, the land became dark for three hours, there was an earthquake, the curtain of the temple was torn in two from top to bottom and the Roman centurion at the foot of the cross said, "Surely this man was the Son of God!" The fact that Jesus rose from the dead was the final proof that Jesus was the Son of God, and Jesus' promise is that whoever believes in him will have the same eternal life. When Jesus finally ascended into heaven angels said to his disciples, "Jesus, who has been taken into heaven, will come back in the same way that you have seen him go into heaven." The Bible says that he is coming back to judge the living and the dead, and will ask of each of us, "Did you believe in me? Did you trust in me? Did you try to follow me?"

**Alan Ashworth**

## **Trustee statement**

### **Unexpected Blessings**

(As I was considering what to write this month, I talked with Allayne, my wife, about what to write and the 'Unexpected', -she had a whole string of thoughts, so this month you are hearing from a trustee's wife! -Ross)

Did you ever see a TV programme called 'Tales of the Unexpected'? It was introduced by Roald Dahl the famous author and the tale could be quite scary and each episode usually had an unpleasant and unexpected 'twist' at the end. Some unexpected events or news can be unpleasant or even scary but many times the Unexpected can turn out to be a blessing (possibly in disguise!)

At the end of February we had a very unexpected blessing. We were having a holiday in West Wales, not necessarily the best time for a seaside holiday. In fact last year it was freezing there. As we drove over the Severn Bridge the rain started, typical Welsh weather -just what we expected. But when we woke up on the Sunday morning the sun was out and that week the weather just got sunnier and warmer. By the middle of the week the temp reached 20°C. There were even people in the sea! It was an amazing week and totally unexpected! What a blessing.

Last week I was travelling back to Bath from London. Arriving at Clapham Junction there seemed to be an atmosphere of disruption. Half of the platforms at Waterloo station, further up the line were out of action and so many of the trains heading South west were cancelled. What a nuisance! After quite a delay I found myself on a train heading for Basingstoke. In Basingstoke we were informed to wait for a train to Salisbury. In Salisbury we waited again for a train to Bath. I arrived in Bath about an hour late. Not too bad but an unexpected delay for me and many other travellers. However even in this I received an unexpected blessing as my travelling companion as far as Salisbury was a very friendly lady who basically told me her life story and shared her struggles with me. It was a blessing to feel that God had put us together for that journey and allowed me to share with her how much He loved her.

A couple of years ago I unexpectedly met a retired Minister in garden centre in Bath. Not the place that I would have expected to meet him and in fact a surprise to meet him at all. Not that long before, we had suffered a bereavement in our family and it was still very raw. Within half a minute of conversation with this man I felt so blessed. He was a real pastor and had just the right words for me. In the middle of a garden centre, during an unexpected meeting God encouraged me. A few months before I had met another retired Minister, this time someone I didn't know in the middle of a park in Birmingham who unexpectedly spoke to me and prayed for me!

God certainly works in the unexpected things of life, so we shouldn't assume the worst when the 'Unexpected' happens; -there may well be a blessing coming your way too.

**Allayne Evans**

## BRIDGEMEAD NEEDS YOU



### Volunteers:

**We would love volunteers to come and help with our group activities.**

**14:00-15:00 Monday-Friday**

**Having friendly faces who are interested in having meaningful conversations with our residents during group time is of great benefit to all involved.**

**If you are interested in volunteering as a 1 off, occasionally, or even regularly, please contact us on: [activities@bridgecare.org.uk](mailto:activities@bridgecare.org.uk)**

### Day Club

**Are you, or do you know anyone who may be, interested in attending Bridgemed Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.**

**For more information please contact:**

**Hilary Humpage – 01225 484904 email: [dayclub@bridgecare.org.uk](mailto:dayclub@bridgecare.org.uk)**



## April Birthdays

April 12th Mary Bradley



*Sadly we say "Good bye" to:*

*Pat Valentine*

*Tom Gibson*

*Sylvia Little*

*Our Love and thoughts go out to their families.*

## April Activities

Monday 1st: George McCaffrey will give a talk on training Guide Dog puppies. He will bring a puppy.

Tuesday 2nd/23rd/30th: Toddler group: fun for all.

Thursday 4th: Golden toes, Seated dance and exercise

Thursday 11th: Soprano Holly Marks

Wednesday 24th: 'Now and Then' musical performance

Friday 26th: Phil smith Sings and plays guitar.

## FRIENDS OF BRIDGEMEAD

**Hello Bridgemedians,**

I've just returned from a a short holiday in Brugge and was it cold and windy – and very expensive! Haute cuisine is not a Belgian speciality so it was good to get home and away from chips and mayonnaise

Future events from your committee are as below:-

Easter Fayre will take place at Bridgemedead on Saturday 6th April, 2.30pm – hopefully many of you will be able to attend.

Stalls will include Easter Egg Tombola, Cakes, Books, Craft and Cards. This year we shall also introduce a new event 'pay a pound and get a prize every time', so we shall be happy to receive good quality new gifts which are worth £1 or more. Just hand them into Rosemary at reception. Thank you! Refreshments will be on sale at £2. There will not be a raffle this year.

The Fish and Chip Supper and Quiz evening will be held at Bridgemedead on the 17th May 7pm. Tickets will soon be on sale from reception at £12. Tables of maximum 4 people are invited. Please bring your own tipple.

Our Strawberry Cream Tea is on Saturday 20th July, 2.30pm at Bridgemedead. This is usually a happy, relaxed afternoon where we offer just a few stalls, Cakes, Crafts and maybe Cards. It would be great to see you there! Strawberry Cream Teas will cost just £2.50.

Another date for your diary is Tuesday 16th July – the AGM. It is so encouraging to see some of you there, it makes all our hard work worthwhile.

I am delighted to report that the Friends' will finance the £12,000 needed to cover the cost of new tables and chairs for the dining room at Bridgemedead. We are able to pay for this furniture by our fund-raising events and your support and by a very generous donation of £2,700 given to Bridgemedead by The Weston Village Townswomen's Guild. We are very grateful for this support.

Lastly the 2019/20 subscription is due 1st April 2019. We will be happy to receive the £5 as convenient, the years go by so quickly and it is easy to forget payment. You can either contact the Treasurer Judith, any committee member or simply leave the money with Rosemary at Reception. Please make sure that you leave your name so that your payment can be noted, thank you.

I think that's plenty from me – looking forward now to Spring and Summer

**Una**

**We celebrated St David's day together on March 1st. The residents had made many crafted daffodils, which really brightened the rooms in bunches and our display in the hall. We enjoyed eating food from Wales throughout the day (including a lamb "Cawl" and welsh cakes) and participating in Welsh folk dancing with 'Golden toes' in the afternoon**



**During our painting sessions we have celebrated the beginning of spring. We have enjoyed painting spring flowers and landscapes with bold and beautiful colours. Our quiet times have also been spent considering how Gods creation points to our Glorious creative and awesome God.**



## March

### Isaiah 40:28-31

Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

### O April Rain

O April Rain you gently fall and tap against my window pane then slowly drip down garden wall allowing flowers to attain the moisture needed for to grow and show their faces once again.

O April Rain you've come to show your value in Spring's life renew that washes way the Winter's woe and kindly bid's Jack Frost adieu. You wake up Nature's hues of green while making way for May's debut.

Your rain drops wash the air so clean that makes our world feel fresh and pure; you beckon Nature to convene, and with your gentle soft allure O April Rain our hopes assure.

(John Gondolf)

## Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/>

Please note that Bridgemedica can now be found on our website. Go to [www.bridgecare.org.uk](http://www.bridgecare.org.uk), click on Bridgemedica and you will find the latest issue. We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedica by e-mail, can you please let us know on [admin@bridgecare.org.uk](mailto:admin@bridgecare.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome. Published by Bridge Care Ltd, Bridgemead, 81 St John's Road, Bathwick, Bath BA2 6PZ. Bridge Care is a company limited by guarantee and registered as a charity under number 299400. Limited Company registration number 2001246 (England).

## Contact Us

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