



BRIDGEMEDIA

Newsletter

June 2021



Found in the Forest

L	P	E	L	K	C	D	A	N	I	M	A	L	S
R	K	N	R	U	S	Q	U	I	R	R	E	L	S
F	O	P	P	O	S	S	U	M	C	B	W	L	M
E	P	B	N	D	I	T	C	H	E	S	U	S	C
N	T	B	C	L	M	S	E	R	E	N	I	P	F
C	C	B	L	U	E	B	E	R	R	I	E	S	O
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L	E	B	H	C	H	I	P	M	U	N	K	N	R
C	U	O	R	A	C	C	O	O	N	S	C	E	A
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C	E	E	B	W	E	E	D	S	B	N	I	R	S
E	B	S	A	E	N	Q	F	A	W	N	E	I	E
I	P	S	E	I	R	R	E	B	K	C	A	L	B

- LUMBER
- CHIPMUNK
- BLUEBERRIES
- WILDCAT
- ELM
- DITCHES
- FLOWERS
- OPPOSSUM
- WEEDS
- PINE
- RACCOONS
- FAWN
- SQUIRRELS
- ELK
- ANIMALS
- BLACKBERRIES
- DOE
- FENCES
- GRASS
- DEER

Alan Ashworth – Chaplain

“The Good Shepherd”

Jesus said, “*I am the Good Shepherd; I know my sheep and my sheep know me.*” John 10:14

I am sure that we all have dates that are very special to us, perhaps a birthday or anniversary – our own or someone else’s. A couple of weeks ago at Bridgemead you remembered VE Day – Tuesday 8th May 1945. Many people remember where they were on Friday 22nd November 1963 (John F. Kennedy’s death) and Thursday 4th April 1968 (Martin Luther King’s death). I wonder if in future many will remember Tuesday 24th March 2020, the date of the first lockdown for Covid-19. Little did we know then how serious it would be, how long it would last and how many restrictions it would entail. It has been a long year but during this year I have been cheered by the thought of Jesus being my Good Shepherd. This is a recurring theme in the Bible. In Psalm 23, David spoke about the comfort of knowing the Lord as his Shepherd in a variety of different situations. Jesus told a parable, referring to himself, about a shepherd who had a hundred sheep and lost just one. He then left the ninety-nine and went in search of the one that was lost and didn’t give up until he found it. Jesus said that he is the Good Shepherd who laid down his life for the sheep as he died on the cross. He also said that his sheep follow him because they know his voice, and that he knows them. Jesus knows what we do, he knows how we feel, he knows what we want and he even knows what we are going to say before we say it. Some people might say that they find this impossible to believe, others might say that they find it a frightening prospect but I find that it is a real comfort and strength. The Lord knows me, loves me, died for me and is always with me, whatever happens!

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Won't it be wonderful to be able to attend a concert, take in a play at the theatre or visit the cinema to see our favourite actors? We have so missed these little pleasures! To meet up with our children, grandchildren, great grandchildren and friends will bring so much pleasure to so many people. The first hug of a newly born baby, holding the hand of a loved one or just having a friend in for a cuppa, will seem like heaven – lots to look forward to - it's beginning to happen!

Your committee is hoping to meet up soon when they can start arranging the programme of events for the coming year. Will we be able to hold a Christmas Fayre? – that would be marvellous if we could, so fingers crossed! Lots to think about and lots to be discussed with Pam and other members of the Bridgemead team.

I recently had a very useful chat with Nick, the Chairman of the Trustees, I am hopeful that we shall be able to work together more closely in the future.

We now have the whole of the summer months to look forward to – afternoon tea on the patio, an early evening barbecue or just drinks on the terrace.....we have much to enjoy and be grateful for.

Keep well, Una

A Poem by our Resident Poet The House on the Hill

Across the river on the brow of the hill
Stands a large stone mansion near the old water mill.
It stands alone silhouetted against the sky,
No other houses at all nearby.

Curiosity leads me as to who lived there,
Lord of the Manor or some sort of Peer?
Who lived a life luxurious and fine
But sadly, must have suffered a financial decline.

This elegant house may have been a place of high living,
Parties and dances, loving and giving.
I imagine it to have been a joyful place
Full of interest with such charm and grace.

These thoughts most likely are quite wrong
About who lived there and what went on.
How nice it would be to see it full of life
But that will only happen when a rich man takes a very rich wife!!

Trustee Message

The Royal Family are often in the news, - sometimes the reports are positive, and others, sadly more negative. However, I am sure that recently, many of you have watched the funeral of and various programmes about Prince Philip. I think we were all struck by how much about him had not been well known, he certainly was an interesting man.

Last month we happened to watch a programme about another 'elderly Royal' - Katherine the Duchess of Kent (not Cambridge!). Again, it was interesting to find out more about her. Did you know she had a link with Bridgmead? She visited here on 29th March 1993, a few months after the official opening of Bridgmead in July 1992. My mother-in-law, who lived here, was very excited to meet her and we still have the photo to prove it.

What we discovered about Katherine was that she is actually a very shy person, but was very committed to fulfilling her royal duties, which she did for many years. The Duchess was also very supportive of, and loyal to the Queen. She was well known for her charity work, in the UK and abroad, and her compassion. One famous incident illustrated this at one Wimbledon final when she was seen comforting the runner-up after a women's final, giving her a hug, a very 'unroyal' public action!

In this programme, we also discovered that she had a 'secret life'. Her great love of music led her to teach singing to many children in Primary Schools around the country. She was known as Mrs Kent, and many spoke of her modesty and humility, as well as her great kindness to children.

There were some lovely pictures of her showing her beauty and sometimes her glamour in gorgeous clothes, but above all she seemed to be a lady who has 'clothed herself with compassion, kindness, humility, gentleness and patience' as the bible encourages us all to do 'And over all these virtues put on love, which binds them all together in perfect unity'. (Colossians 3 v 12 & 14)

Ross Evans - Trustee

News at Bridgemead

Outside entertainment has been going well with Sophie from Mini Concerts and Danny Guest. The weather on both visits was kind to us.



The residents have created a beautiful display in the Dining Room. Our main theme at the moment is flowers and the display is "Tulips from Amsterdam".



HAPPY BIRTHDAY TO:

Residents: James E
Marion A
Betty T
Ronald S
Edward H

Day Club: Morfydd
Harold I

Fundraising for Bridgemed

Project Total: £46,590

Raised to date £12,000

Amount left to raise: £34,590

At Bridgemed we need to refurbish all of our shared bathrooms (four) due to wear and tear and new mobility equipment becoming available. These rooms are not only used by our residents but also by those in the community who attend day club each day from 10-4pm. Day club users are still living independently at home but may be unable to undertake all tasks on their own. Bridgemed offers those individuals the option to use the bathrooms with support from our care team.

These rooms are designed for able bodied and disabled users with a disabled bath, hoist, flooring for the hard of seeing and other mobility equipment. We are delighted that we have already raised enough to undertake the refurbishment of one of the bathrooms and now we are looking to raise the remaining amount of £34,590 for the remaining three.

If you are interested in finding out more then please get in touch on admin@bridgecare.org.uk. We will keep you up to date on our progress through Bridgemed.

If you wish to donate online using <https://localgiving.org/donation/bridgemed>
Or via cheque made out to Bridge Care and sent to Bridgemed



Covid Update

It is wonderful to be allowing family and friends into the home again, even if we still have restrictions.

Visiting will now allow up to 5 nominated visitors per resident.

LFD test must be done on the day of visits.

Each resident can have 2 visitors a day. This is either together or as 2 visits.

All visits still need to be booked as numbers in the house remain limited.

Please remember we still need to observe social distancing, still only able to hold hands.

Thank you for your continued co-operation.

Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/> - <http://www.localgiving.org/charity/bridgemead>

Please note that Bridgemedica can now be found on our website.

Go to www.bridgecare.org.uk, click on Bridgemedica and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedica by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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