



BRIDGEMEDIA

Newsletter

July 2021



ROSES IN THE GARDEN AT BRIDGEMEAD

Ice Cream Flavors

M	O	T	T	O	W	R	A	R	A	B	N	D	I
A	A	Y	R	R	V	T	S	T	N	C	A	L	Y
P	G	G	I	E	A	K	T	A	A	O	T	I	E
L	P	C	P	I	N	G	R	O	N	O	I	A	K
E	S	N	L	R	I	C	A	T	A	K	L	T	O
W	E	R	E	F	L	H	W	U	B	I	O	R	P
A	S	O	T	U	L	O	B	N	I	E	P	E	Y
L	E	C	O	D	A	C	E	O	N	D	O	G	E
N	E	K	R	G	A	O	R	C	A	O	E	I	K
U	R	Y	N	E	N	L	R	O	C	U	N	T	O
T	Y	R	A	A	N	A	Y	C	E	G	I	D	H
I	N	O	D	N	O	T	O	A	P	H	C	E	I
T	N	A	O	S	A	E	T	N	E	E	R	G	R
A	T	D	C	O	T	T	O	N	C	A	N	D	Y

TRIPLE TORNADO
 REESES
 NEOPOLITAN
 CHOCOLATE
 STRAWBERRY
 COTTON CANDY
 COCONUT
 ROCKY ROAD
 COOKIE DOUGH
 TIGER TAIL
 GREEN TEA
 HOKEY POKEY
 MAPLE WALNUT
 FUDGE
 PECAN
 BANANA
 VANILLA

“O God, our help in ages past, our hope for years to come.”

Jesus said, “*For God so loved the world that He gave his one and only Son, that whoever believes in him shall not perish but have eternal life.*” John 3:16

During a recent Quiet Time at Bridgemead we sang the lovely Isaac Watts hymn, “O God, our help in ages past,” and the line, “A thousand ages in Your sight are like an evening gone” really stood out for me. This is from Psalm 90, and in 2 Peter 3:8 it says, “With the Lord a day is like a thousand years, and a thousand years are like a day.” God is greater than we can ever understand. There are so many things that we don’t really understand. God’s greatness is one of these, time is another and eternity is yet another. For me, a day often seems quite long and yet the months fly by. It is hard to believe that the Covid-19 lockdown has lasted fifteen months. The universe is millions of years old but human beings have been here for a relatively small part of that. And yet, the Bible tells us that God created men and women in His image. That doesn’t mean that we look like Him physically but that our natures are like His. That nature has been spoilt to some degree by things we have done but God knows each one of us and loves each one of us. His purpose in creating people was that we might know Him and love Him. God showed His love for us in His great plan to send a Saviour into our world in order that we might be drawn to God. Jesus was that Saviour and he lived a perfect life to show us how life should be lived, and he died on the cross so that the wrong things we do can be forgiven. Jesus rose again to show that God wants people to trust him and receive the eternal life that He offers to each one of us. “O God, our help in ages past, our hope for years to come, be our defence while life shall last, and our eternal home.”

Trustee Message

Organisations have mission statements, slogans and logos and websites have strap-lines. Some of these things stick in our memory, some don't.

Through the Pandemic the phrase that we have so often heard from the Government is "We'll be guided by the science". It's a phrase that probably will remain with us for years, whether we think that our Government made good judgements or not.

There's been plenty of sport on TV recently, and whether it is football or cricket, all need to play their part in the team. We've been watching the Formula 1 motor racing this season. There may only driver of the car, but the outcome of a race can sometimes turn on a pit stop that lasts a matter of seconds. Everything is planned to the minute detail and everyone knows exactly what they are expected to do in those few seconds.

Life is not always like that. Sometimes we have to respond to the unexpected. Many people in leadership in organisations have had to do just this over the last 15 months. We all think differently. We all respond in different way to situations and issues. After a debate at home we concluded that my wife thinks in words and I think in numbers.

Dealing with the unexpected is perhaps when we most need to revert to our guiding principles, those things that keep us grounded. For me the Bible passage that I return to again and again is Micah chapter 6 verse 8:

What does the Lord require of you ? To act justly and to love mercy and to walk humbly with your God.

Graham Barber – Trustee

News at Bridgemead

Last Thursday we celebrated Munich. For lunch we had Chicken Schnitzel, Klump (potatoes, bacon lardons, onion) and Apple Strudel. For supper Bratwurst Sausages and a German Fruit Flan. In the afternoon we sampled various lagers/beers and mocktails. As you can see a good time was had by all.



Danny Guest has also entertained us this week with the sun shining in the car park



A Poem by our Resident Poet

Weekdays

It's Monday, the sun is out, and the sky is blue,
I'll sit in the garden "Oh No!" I won't there's the washing to do.
On Tuesday, the laundry I'll iron and press,
And make the clothes look nice and fresh.
Coffee and lunch with the girls today,
I really like Wednesdays I have to say.
Thursday, I shop for the weekend should visitors call in,
So, if they do, I can offer them something like a nice pink Gin!
On Friday I tidy the home so it's nice and clean,
And it will stay like that until the children have been.
On Saturday it's nice to go out for the day
It gives us the chance to throw our cares away.
On Sunday morning to church we go,
Then home for roast lunch with family and Co.
Garden in the afternoon some weeding and hoeing.
Then from the family "Many thanks we really must be going."
We may ring our friends and have a chat,
And do all sorts of things just like that.
Now I've finished my little rhyme,
You know that life is not like that all the time.
It's impossible to know what goes on each week, or even guess,
But our wish for you is many many weeks of happiness.



**Sadly we say "Goodbye" to
David K**

Our love and thoughts go out to his family and friends



HAPPY BIRTHDAY TO:-

**Residents: Miles M
 Leslie S**

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Well here I am writing these few lines from the Isle of Wight – a welcome break after having to cancel so many holidays over the last eighteen months! Nevertheless we are lucky to be able to have little outings like this and I am very grateful.

I intend contacting your committee over the next week to try and arrange a committee get together when we can discuss future plans.

I do hope that you are all keeping fit and well and now looking forward to the future.

Take care everyone and many thanks once again to all the staff at Bridgemead for keeping everyone safe during these difficult times.

**Hope to see lots of you in the not too distant future,
Una**

Covid Update

Visiting will now allow up to 5 nominated visitors per resident.

LFD test must be done on the day of visits.

Each resident can have 2 visitors a day. This is either together or as 2 visits.

All visits still need to be booked as numbers in the house remain limited.

Please remember we still need to observe social distancing, still only able to hold hands.

Residents are now allowed to be taken out by their nominated visitors following a Lateral Flow Test. Only outside venues are permitted. These visits still need to be booked through reception.

Thank you for your continued co-operation.

Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/> - <http://www.localgiving.org/charity/bridgemead>

Please note that Bridgemedica can now be found on our website.

Go to www.bridgecare.org.uk, click on Bridgemedica and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedica by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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