



# BRIDGEMEDIA Newsletter February 2021



SNOWMAN ON THE ROOF GARDEN  
AT BRIDGEMEAN!

# Types of Vegetables

C	N	A	R	E	W	O	L	F	I	L	U	A	C
A	H	C	T	S	W	P	A	A	I	A	A	L	R
B	A	A	U	W	U	U	P	U	B	G	T	I	E
B	R	S	R	E	G	M	P	I	C	A	R	Z	U
A	U	S	N	D	P	P	K	G	E	B	E	U	C
G	G	A	I	E	A	K	T	N	L	A	G	C	I
E	U	V	P	R	R	I	C	T	E	T	N	C	H
U	L	A	E	R	S	N	A	E	R	U	I	H	S
A	A	P	T	L	N	G	R	E	Y	R	G	I	I
C	A	S	A	E	I	U	R	B	D	H	L	N	D
A	O	U	K	E	P	B	O	G	A	E	T	I	A
E	A	P	C	K	P	O	T	A	T	O	E	N	R
P	R	I	L	O	C	C	O	R	B	E	E	S	K
N	O	R	T	W	R	S	P	I	N	A	C	H	A

- CELERY
- PUMPKIN
- LEEK
- SPINACH
- PARSNIP
- CARROT
- BEET
- ZUCCHINI
- ARUGULA
- PEA
- POTATO
- BROCCOLI
- RADISH
- RUTABAGA
- CAULIFLOWER
- SWEDE
- TURNIP
- GINGER
- CABBAGE
- CASSAVA



**SPOT THE HERON IN THE PHOTO!!!**

## Alan Ashworth - Chaplain

**"Guess how much I love you!"**

***"God showed his own love for us in this: while we were still far away from him, Christ died for us." Romans 5:8***

**Our granddaughter has a book called "Guess how much I love you" which we used to read with her regularly. It is the story of Little Nutbrown Hare and Big Nutbrown Hare talking before bedtime. Little Nutbrown Hare says to Big Nutbrown Hare, "Guess how much I love you" and stretches his arms out as wide as they will go. Big Nutbrown Hare stretches his arms out and says, "But I love you this much". Little Nutbrown Hare thinks and stands on tiptoes and says, "I love you as high as I can reach." Again, Big Nutbrown Hare stands on his tiptoes and says, "I love you as high as I can reach". Little Nutbrown Hare thought again and said, "I love you as high as I can hop", but again Big Nutbrown Hare said, "And I love you as high as I can hop". So then Little Nutbrown Hare said, "I love you all the way down to the river", to which Big Nutbrown Hare said, "I love you across the river and over the hills." Little Nutbrown Hare was just going to sleep and said, "I love you to the moon", to which Big Nutbrown Hare said, "Oh, that is far. That is very, very far". Then Big Nutbrown Hare tucked Little Nutbrown Hare up, gave him a kiss and said, "I love you right up to the moon and back again!" This lovely little story reminds me of God's love for us. When Jesus said, "For God so loved the world that he gave His one and only Son, that whoever believes in Him shall not perish but have eternal life" (John 3:16) it was as if He was saying that God loves us right up to the cross and beyond for evermore! Someone once said that there is nothing that we can do to make God love us any more, and nothing that we can do to make Him love us any less!**

## **FRIENDS OF BRIDGEMEAD**

**Hello Bridgemedians,**

**How are you all, safe and well I hope.**

**Unfortunately the 'Friends' committee has decided that the 2020 Annual General Meeting will be cancelled, with the hope that the 2021 meeting will take place as usual in July 2021.**

**In accordance with the current regulations the Secretary has written the Annual Report and submitted the return to the Charity Commission. Likewise the Treasurer has compiled the Financial Statement which has been audited and referred to the Charity Commission.**

**Both of these returns can be viewed at [www.bridgecare.org.uk](http://www.bridgecare.org.uk) If anyone would like to view these details by hard copy please contact me at [mcculloughuna@gmail.com](mailto:mcculloughuna@gmail.com) or by calling my landline on 01225 550794 and I will provide you with a copy.**

**I really hope that I and the whole committee will be able to meet sometime soon and start arranging events for you.**

**Once again many thanks to Pam and the whole team who have worked tirelessly over many months to keep everyone safe.**

**Keep safe,  
Una**

## Trustee Message

Greetings everyone at Bridgemean and fellow Bridgemedians.

I've just come in from a short spell in my garden making sure the birds have seed and some of the old apples I saved this year - the blackbirds love them and I've been able to give them fruit to eat all winter. I was delighted to see the return of the ducks Jake and Jemima earlier this month and Phil the pheasant has paraded around the garden with his stately walk once or twice; he is also not averse to eating from the ground feeder. I would love to see the ducks and the pheasant at the feeder at the same time to see who the boss is. Woodie the wood pigeon certainly holds his ground when the ducks come.

Some people like to hole-up in winter but I love being outdoors, in God's extraordinary and varied creation, and find lots to do in the garden - winter clearing and pruning - in short bursts between rain showers. As I get older it all takes longer, but the joy of seeing what lovely surprises await me around the garden never diminishes. Each year I see the snowdrops bloom it is a delight. The hellebores too are already opening up and there are narcissus shoots thrusting through the frozen ground everywhere. How do they do it? What fabulous design and artistry - Praise Father God the Creator.

It's already half-way through the winter and the joys of spring await! 'Spring' joys came early for me this year on a country walk just south of Bath. We'd just done the last steep uphill section when we came across a field of ewes with their lambs. I counted 10 mums and 14 lambs. We stood for a while catching our breath, absorbed in the scene of lambs running and jumping, feeding and snuggling up to ewes lying down - what an unexpected treat. One sad character seemed to have got himself a bit lost and forlorn standing by himself for ages bleating for his mother; it didn't seem to occur to him to go looking for mum. Then we heard the comforting response from mum - it's amazing in all that bleating they always know their own. It reminds me of our Good Shepherd Jesus. He said in John 10 "My sheep hear my voice and I know them, and they follow me. I give them eternal life, and they will never perish, and no one will snatch them out of my hand". Now that's something to get excited about and delight in any time of the year.

Tilly Wood - Trustee

## News at Bridgemead

We would like to say a big "Thank You" to Keith and Sheila Gammon for "Lighting up their home" in Southstoke Road, Bath, at Christmas time. They have raised an amazing £1100.00 for Bridgemead. Such a lot of hard work must have been carried out to achieve such a fantastic display but as you can see below the result is wonderful.



During January our "Themed Day" was the Caribbean. The food for the day was excellent. We all enjoyed the lunch which was Caribbean Beef and desert Coconut Lime Pie. For supper we enjoyed Jerk Chicken followed by Tropical Ice Cream. During the afternoon the residents sampled a variety of "Mocktails". The big hit was the Lemonade and Lime with grated fresh ginger which we must sample again along with other varieties!



Last week when we listened to poetry during the afternoon activities we asked if any of the residents would like to try to write their own poetry. This has given the residents and staff a challenge and also a great group activity with suggestions from all. Below is a poem which has been written by one of our residents. Who knows with contributions like this Bridgemead may well have their own "Book of Poetry".

### Memories

The sunny days when I was small  
Were full of wonder and no cares at all.  
Happiness abounded wherever we went  
In fact the whole world was like Heaven sent.

Then along came the school days Oh what a bore!  
And on top of that along came the War.  
Still happy but Oh what a different life we all had  
Some so busy and brave and many so sad.

But soon we were back with a smile on our face  
A member again of the great Human Race.  
The good times are here, so let us be free  
As freedom and happiness are the key to Longevity.

I close this now because here's my tea  
My warmest thanks to all who have looked after me.



**HAPPY BIRTHDAY TO:-**

**Residents:** Jane T  
Audrey A  
Ann W  
Elizabeth M

**Day Club:** Paul B

## Covid Update

Following our letter dated 14th January 2021 to relatives (which can be found on the website) unfortunately, due to high numbers of new cases of Covid in the community, we are still closed to visitors. This is the guidelines from Banes.

The Residents are accepting this well and those that wish are still involved in activities within the home. Hilary and Hayley are continuing to carry out Room Visits for those who remain in their rooms.

We have been fortunate that all residents have continued to have negative tests as have the staff with the exception of 1 member of staff at which time the correct procedures were implemented.

Residents received their 1<sup>st</sup> vaccination on the 12<sup>th</sup> January 2021 and staff on the 8<sup>th</sup> January 2021.

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### Local Giving

Bridgemead has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemead/>- <http://www.localgiving.org/charity/bridgemead>

Please note that Bridgemedica can now be found on our website.

Go to [www.bridgecare.org.uk](http://www.bridgecare.org.uk), click on Bridgemedica and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemedica by e-mail, can you please let us know on [admin@bridgecare.org.uk](mailto:admin@bridgecare.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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