



BRIDGEMEDIA



Newsletter
December 2019

Day Club

Are you, or do you know anyone who may be, interested in attending Bridgmead Day Club? We currently have spaces Monday to Friday. We offer a whole range of activities and delicious freshly cooked lunches.

For more information please contact:

Hilary Humpage - 01225 484904 email: Dayclub@bridgecare.org.uk

Christmas Word Search



G L E T W C R S T O C K I N G
Y I P I D A E R B R E G N I G
A C O V T R P Y A E C E F F U
R E A S L E Q I X O C T A P Z
E M I R Y H A U D P S A J O N
S E A P O B E T H L E H E M I
N R U L O L D O N T F O S P U
A R L S L E I G H A A S U D O
M Y N O K L T T O Y S I S H R
W C E N E M E S I W F E T A N
O B M K A J L O Z Y E G V M A
N E R N O L U H M G O T E L M
S O G I E O Y D N A C X O N E
V E R B I J O T H U W B K A N
R E E D N I E R Q C A E E R T
L O O C H R I S T M A S T I



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|----------------|--------------|--------------|
| 1. Bells | 9. Holly | 17. Sleigh |
| 2. Bethlehem | 10. Jesus | 18. Snowman |
| 3. Candy | 11. Manger | 19. Star |
| 4. Carol | 12. Merry | 20. Stocking |
| 5. Christmas | 13. Ornament | 21. Toys |
| 6. Elves | 14. Peace | 22. Tree |
| 7. Gifts | 15. Reindeer | 23. Wisemen |
| 8. Gingerbread | 16. Santa | 24. Yuletide |

Alan Ashworth - Chaplain

“God becomes man.”

“The Word became flesh and made his dwelling among us.” John 1:14

December – already! Nearly Christmas – four weeks! The season - Advent! I looked “advent” up in the dictionary and there were two definitions:

- Advent – the four week period leading up to Christmas, beginning on the fourth Sunday before Christmas Day**
- advent – the arrival of something or someone important or awaited**

The season of advent is special to Christians – a period of preparation and a period of anticipation. Children anticipate Christmas because of the fun and presents; Christians anticipate Christmas because of its importance. There is a hymn which says, “Come, Thou long expected Jesus.” In the Old Testament there are many prophecies that one day God will fulfil his promises and send his Son to be the Saviour of the world; his Son who is described in the New Testament as the radiance of God's glory and the exact representation of his being. John described his coming or incarnation as, “The Word (Jesus) who was with God and who was God becoming a man and living among men and women.” This man who was God wasn't born in a palace but in a stable with a manger for his cradle. He said that he had come into this world not to be served but in order to serve others. Jesus's greatest act of service to mankind was when he died on the cross to offer forgiveness, salvation and eternal life to those who follow him. He died, but then God raised him from the dead and he later ascended into heaven. Previously he had promised that he would come to earth a second time as King to meet those who have been his followers. During the season of Advent Christians anticipate not just celebrating his first coming as the baby in the stable, but his second coming as the King of Glory.

Trustee Message

Browsing in a Charity Shop recently I turned up an old-fashioned box of snakes and ladders.....

I was reminded of the games we played as children, some regularly during the week, starting with Snap, Happy Families and Snakes & Ladders before moving on to Scrabble (especially when my Grandparents were staying). Others, like Monopoly were reserved for a Saturday night and some such as “Pit” only came out at Christmas.

More recently we’ve moved on to Risk and Catan.

Most games pit one competitor against another. Some, like Chess, Monopoly and Risk, require a degree of aggression as the object of the game is to annihilate the opponent.

That sort of competitive game does not suit everyone. We’ve been introduced to Forbidden Island which is great because it requires collaboration. Unless the players work together as a team, they are likely to fail as the Island becomes overwhelmed.

In most organisations collaborative working is essential for maximising efficiency, productivity or output. Some businesses invest heavily in optimising teamwork. This is as true as elsewhere. As Trustees at Bridgmead we really value the teamwork of the staff who run the home and the volunteers who also contribute in so many ways.

As we approach a General Election, I hope that what emerges is a Government that is committed to collaborative working to resolve some of the big issues that faces our country.

If you have someone on your doorstep seeking your vote, maybe ask them what their plans are to resolve the long-identified issues facing the care sector (such as underfunding) and the proper integration of services for older people.

Graham Barber - Trustee



Sadly we say "Goodbye" to
Sheila R &
Maria B (Day Club)
Our Love and thoughts go out to their family and friends



HAPPY BIRTHDAY TO:-

Residents:

Anne P

Michael W

Dayclub: Irene M

DECEMBER ACTIVITIES

Mon	2nd Dec	Paragon School "SING OUT CHOIR"
Tues	3rd Dec	Laurence Kell - Violin & Ukulele
Weds	4th Dec	Holly Marks - Singer
Thurs	5th Dec	Terry & Jenny - Ballroom Dancers
Fri	6th Dec	Volunteers Party 1pm
Mon	9th Dec	Weston TG Singers- Choir
Tues	10th Dec	Forget-me-not - Sing a long
Weds	11th Dec	Chris Griffiths - Keyboard - Reminiscence
Thurs	12th Dec	Mo Jo - Arts & Crafts
"	"	6.30pm - Bath All Comers Orchestra
Fri	13th Dec	10.30am - Bathwick St Marys Carol Concert
"	"	Smithy Singers - Choir
Sun	15th Dec	Widcombe B.C. - Nativity
Mon	16th Dec	John on me Tod - Singer
Tues	17th Dec	Zoolab - Animal Therapy - Christmas Roadshow
"	"	6.30pm - Rotary Club Carol Service, St Mary's, Bathwick
Weds	18th Dec	Mike Renton - Sing-a-long
"	"	6.30pm - Silver Ring Choir
Thurs	19th Dec	Salvation Army Band
Fri	20th Dec	John Holcombe - Singer
Mon	23rd Dec	Gavin Lazarus - Singer/Guitar
Fri	27th Dec	Golden Toes - Seated Dance
Mon	30th Dec	Phil Smith - Singer

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Well here we are in December – how did we get here!!

I promised more details of the Murder Mystery evening which we enjoyed in October – was it really a month ago.

Pam and Bev did a grand job in organising it and Rob and Liz of the Longs Arms hosted us and provided our scrumptious three course meal. We are so grateful to Rob and Liz who have supported Bridgemead over many years. I'm delighted to report that a profit of £700 was made – and excellent result all around.

Saturday 16 November heralded our Christmas Fayre, as always it was a very happy afternoon, with Tom, one of the residents starring as Santa. Tom also played Christmas carols for us on the piano which gave the whole event a very festive feel – thank you Tom! We provided several stalls and this year we were delighted to have one run by the Residents. Christmas items, made by themselves were on offer, these items were snapped up very quickly! Thank you Hilary, Hayley, Sally and the residents and helpers for putting on such a lovely display! Another thank you to Sonia for organising a 'Guess the Bunny's Name' board which made £50 – well done to you all! We were delighted to make a magnificent profit of £775!

These events could not be staged without the help of all these people and the Friend's committee and their supporters, so thank you too!

Finally a big thank you to all the staff at Bridgemead who help us in many ways, setting up the room and helping us in the kitchen.....and making us delicious mince pies - we couldn't cope without them!

It only remains for me to wish you all the compliments of the Season and good health and happiness for 2020.

Warm wishes,

Una

News at Bridgemean Activities



The residents table at the Christmas Fayre was well supported. We had a very successful result with regards the Christmas Decorations - made with the residents. Next year we will need to start in August to provide a larger selection! As you can see we had a visit from Father Christmas who also played Carols on the day. Father Christmas received a lovely letter from a child who was visiting Bridgemean thanking him for his visit.

Residents enjoyed an outing to Whitehall Garden Centre at Whitchurch. They enjoyed the festive displays and also seeing Santa's Reindeers



JEREMY BOURTON

Fundraising Challenge 2019 In aid of Bridgemed

Jeremy has now completed his 9 Open Water Swims in aid of Bridgemed.

Jeremy has raised a total amount of £330.00 (before gift aid) which is a brilliant achievement. Congratulations and many thanks to him.

Volunteers:

We would love volunteers to come and help with our group activities

14.00 - 15.00 Monday - Friday

Having friendly faces who are interested in having meaningful conversations with our residents during group time is of great benefit to all involved.

If you are interested in volunteering as a 1 off, occasionally, or even regularly, please contact us on activities@bridgecare.org.uk

Local Giving

Bridgemed has a Local Giving Page set up. If anyone would be interested in giving, the link to it is: <https://localgiving.org/charity/bridgemed/>- <http://www.localgiving.org/charity/bridgemed>

Please note that Bridgemed can now be found on our website.

Go to www.bridgecare.org.uk, click on Bridgemed and you will find the latest issue.

We also now have a page for Staff Vacancies on the website.

If you would prefer to receive your copy of Bridgemed by e-mail, can you please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

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