



**bridgemead**

# **Bridgemead Newsletter February 2024**



**5th January 2024**

**The Day Bridgemead nearly became a 'Cruise Ship'**

# Oceans and Seas

A	G	N	B	A	L	T	I	C	S	E	A	C	N
E	U	S	B	S	E	A	S	L	A	Z	N	A	A
A	L	O	N	E	S	R	S	S	U	B	S	R	E
S	F	U	A	D	E	A	A	C	B	S	S	I	C
T	O	T	E	B	A	E	A	I	B	A	N	B	O
C	F	H	C	J	O	S	A	B	L	A	A	B	N
H	M	E	O	A	F	D	D	E	A	D	S	E	A
I	E	R	C	P	A	E	A	R	C	T	D	A	I
N	X	N	I	A	Z	R	M	I	K	N	R	N	D
A	I	O	F	N	O	C	A	N	S	R	A	S	N
S	C	C	I	S	V	C	N	G	E	E	A	E	I
E	O	E	C	E	B	E	S	S	A	P	N	A	S
A	D	A	A	A	D	F	E	E	A	J	I	I	M
D	K	N	P	S	N	E	A	A	B	D	B	A	A

- SEA OF AZOV
- JAPAN SEA
- SOUTHERN OCEAN
- PACIFIC OCEAN
- GULF OF MEXICO
- DEAD SEA
- RED SEA
- EAST CHINA SEA
- BERING SEA
- INDIAN OCEAN
- BLACK SEA
- BALTIC SEA
- ADAMAN SEA
- CARIBBEAN SEA



**Happy Birthday to**

**Resident: Audrey A  
Ann W  
Elizabeth M  
Gillian K**

**And belated January birthday to:**

**Patricia T**

## Alan Dickson - Chaplain



Psalm 1 – Two ways.

*“Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, **but whose delight is in the law of the Lord, and who meditates on his law, day and night?” Ps 1 v1-2.***

Hello, again – I hope all our readers are coping with this very cold weather and managing to stay warm. During this year, in Bridgemedi, I’m going to comment on some of the famous psalms from the Book of Psalms in the Old Testament.

“The Psalms”, are a book of poems, written by a variety of authors, but David, the most famous king of Old Testament Israel, wrote many of them, at least 70. Although the “Psalms” are divided into five different collections (known as books), each psalm can be read and appreciated on its own, as an individual poem. The psalms provide wisdom, and many express common emotions that we experience as men and women, sometimes addressed to God, sometimes about God and, although written centuries before Jesus was born, sometimes prophetically about Jesus. Emotions expressed in the Psalms include joy, sadness, desperation, praise, thanks, prayer and hope, but whatever the experience of the authors, in general the Psalms encourage us to recognise God, and to praise God for who He is and for his greatness, and for what He has done.

Psalm 1 seems a good place to start – Do pick up your Bible and read it. Alternatively, here is a link. <https://www.biblegateway.com/passage/?search=Psalm+1&version=NIV>

Psalm 1 summarises the teaching of both the Old and New Testaments, that each of us chooses the direction of our life, and that our choice determines our future, now and forever. The psalm encourages us to pay attention to what God has to say and to consider. Because the psalm was written in Old Testament times, it refers to God’s law, but now in our time, the psalm is advising us to read and consider the Bible. These days, the majority of people in the UK ignore the Bible, see it as irrelevant and never read it, but the Bible itself tells us:

*“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work”. 2 Timothy 3 v16.*

Psalm 1 also has a warning. Ignoring the Bible – preferring to live life without God’s guidance, will not ultimately bring eternal life. At the end of the psalm, there are two ways, two decisions - to follow God’s way or to ignore it. And two destinies - those who follow God’s way (Jesus – *“I am the Way”* John 14 v6) will enjoy God’s care forever, but those who don’t will perish. Jesus expressed the same choice in Matthew 7

*“For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it”.*

## News at Bridgemean

On the 5th of January this year, along with many other people, Bridgemean had a Flood Alert. As you can see from the cover of this Bridgemean things can quickly alter.

During the day residents were all gathered on the Green Floor (Ground Floor) in preparation for evacuation from Bridgemean if needed. Staff and especially the residents all remained calm as the day unfolded. It was certainly a day to remember but also emphasized how all at Bridgemean pulled together as a Home.



Back in December, along with lots of entertainment, we had a visit from The Paragon School.

The children's performance was amazing and the residents thoroughly enjoyed their visit. We are looking forward to future visits during the year. Many thanks to Sarah Kettley, Director of Music, for Paragon.

## ENTERTAINMENT AT BRIDGEMEAN FEBRUARY 2024

**WEDNESDAY 14th 2 pm Weston Village Townswomen's Guild performing - 'Red Riding Hood Returns'**

**TUESDAY 20th 10.45 am Residents Coffee Morning**

## **Trustee Message**

**It certainly seems to be true that there is never a dull moment at Bridgemead.**

**There was a very full Christmas programme with organisations coming forward wanting to contribute to entertaining the residents which was very welcome . Hilary and the team did a great job as always organising this.**

**Very early in the New Year heavy rainfall caused the river Avon to rise to very similar levels to that of Christmas 2013.**

**The council received a severe flood warning and rang the night staff in the middle of the night . At 3:20 in the morning, Ryan was on a conference call with the council about the situation.**

**Everyone worked very hard to ensure the safety of the residents. The council, Fire Brigade and Ryan and all the staff at Bridgemead did a fantastic job. We are very grateful that the river levels then started to fall and we could begin to relax.**

**However, the lift shaft did flood which was a major problem and one of the trustees described this as being “like a bath tap running “. This needed pumping out and was done very promptly.**

**Our plans for improving our response to flooding continue to go as fast as possible. Contributions to that fund are still very welcome. Do contact any of the Trustees if you want any more information.**

**Many thanks again to Ryan and all the staff involved who did such a magnificent job at this time.**

**Paul Booth  
Trustee**

## FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Well I'm just back from a holiday in Devon – what wonderful bright, sunny, wintry days we experienced and all those fabulous sunsets – we are so lucky to live in this part of the world.

Your committee met in January and decided on the following fund raising events.

The Easter Fayre will take place on Saturday 9 March 2024 at 2.30 pm  
Stalls will include Liz's now famous Easter Egg Tombola, a Resident's craft stall which will include greeting cards, Win a Simnel Cake competition, a raffle and of course refreshments! This is always a happy afternoon so we hope to see many of you there!

On May 29<sup>th</sup> our busy committee member Liz Cocks will test our knowledge once again at the Quiz and Fish and Chip Supper 7pm at Bridgemead. Tickets costing £15 will be on sale from Bridgemead from early May. As this is normally a sell out event, please book your seat early with a member of the committee! Teams of up to 4 people are allowed. Please bring your own tippie, glasses will be provided.

Our Annual General Meeting will take place on Tuesday 23<sup>rd</sup> July at 7.30pm. More details nearer the date.

On Wednesday 14<sup>th</sup> February Weston Village Townswomen's Guild is performing (not sure that's the correct verb!) 'Red Riding Hood Returns' for the Bridgemead residents at 2pm. It's always good to perform – there's that verb again – in front of a good audience who join in with the fun, so we would love to see as many of you as possible there.

We can all now look forward to lighter nights and Spring flowers – take care everyone and keep warm and snug!

Una



**Come and join Bridgemoor Day Club 10am – 4pm  
Arrive at 10am and enjoy a cup of coffee or tea  
along with a chat and if you would like a challenge  
how about a group quiz or crossword?**

**A lovely lunch will be provided.**

**In the afternoon we have various activities  
ranging from Entertainers, Arts and Crafts, Sing-alongs  
and much more.**

**At 3pm the 'Grand Finale' - Tea and cake.**

**"Thank you for a most enjoyable day"  
just one of many compliments from  
Club Members.**

**Cost: £31 per visit – payable monthly in arrears**

**Carers for and friends of Day Club members - please consider contributing to our  
funding at Bridgemoor – in particular we have a major flood risk mitigation building  
project which urgently needs funding.**

**<https://www.bridgemoorcare.org.uk/donate/>**

### **Giving**

Find out how to give to support different aspects of what we do on <https://www.bridgecare.org.uk/volunteer/how-do-i-donate/> or by giving online at <https://www.bridgecare.org.uk/donate/>

We continue to retain a Local Giving page the link for which can be found at the bottom of <https://www.bridgecare.org.uk/volunteer/how-to-fundraise/>

### **Bridgemia**

Find Bridgemia on our home page at <https://www.bridgecare.org.uk/>  
If you would prefer to receive your copy of Bridgemia by e-mail, please let us know on [admin@bridgecare.org.uk](mailto:admin@bridgecare.org.uk)

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

### **Jobs**

We also now have a page for Staff Vacancies on the website.  
<https://www.bridgecare.org.uk/about/staff/vacancies/>

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