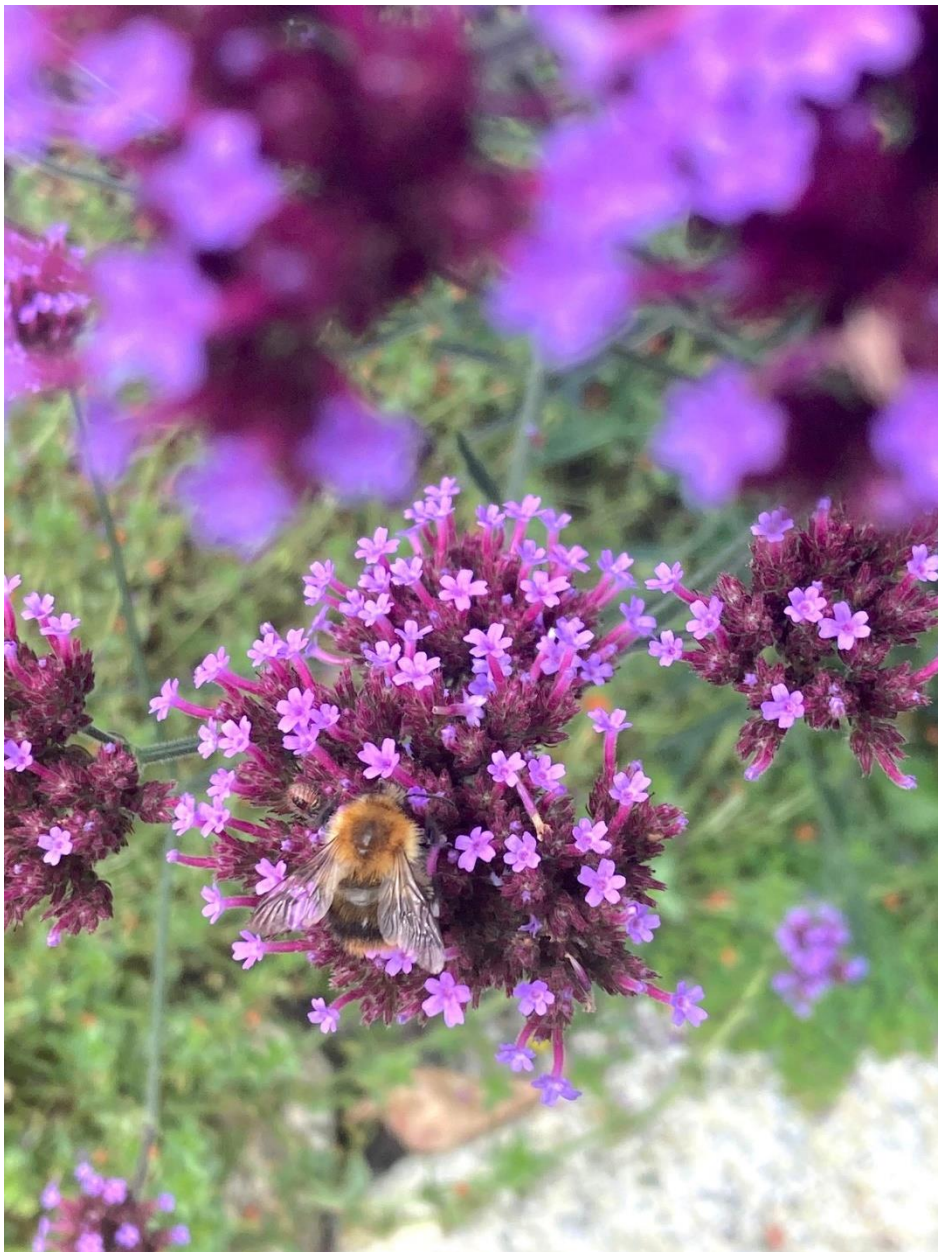




bridgemean

Bridgemia Newsletter November 2023



Busy Bee on a Verbena at the Eden Project

Communication

P	P	A	R	A	P	H	R	A	S	E	E	T	S
A	L	P	A	I	A	S	S	E	R	T	I	V	E
S	E	C	H	O	O	S	E	W	O	R	D	S	A
S	R	G	N	I	N	A	E	M	C	R	T	C	G
I	H	V	A	S	M	I	L	E	S	N	O	L	G
V	E	V	I	T	C	E	F	F	E	I	T	E	R
E	W	I	A	I	M	L	I	S	T	E	N	T	E
R	V	O	L	U	M	E	V	V	L	E	N	T	S
G	T	I	M	I	N	G	E	I	O	I	E	E	S
E	L	E	C	T	R	O	N	I	C	I	I	R	I
E	Y	E	C	O	N	T	A	C	T	S	C	E	V
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R	G	V	V	A	T	T	E	N	T	I	O	N	I
S	U	M	M	A	R	I	Z	E	E	E	A	I	O

TIMING
SMILE
CHOOSE WORDS
ASSERTIVE
ATTENTION
EFFECTIVE
LETTER
LISTEN
ELECTRONIC
PARAPHRASE
TONE
AGGRESSIVE
PASSIVE
VOICE
SUMMARIZE
MEANING
VOLUME
EYE CONTACT



Happy Birthday to -

Residents: Zoe C
David D
Sally K
Day Club: Veronica K



Sadly, we say goodbye to
Mary W
Our love and thoughts go out to her
family and friends

Alan Dickson - Chaplain
Jesus said “I am the true vine”

Can we believe the Bible?
Luke 1 v 1-4

Many have undertaken to draw up an account of the things that have been fulfilled^[a] among us, ² just as they were handed down to us by those who from the first were eyewitnesses and servants of the word. ³ With this in mind, since I myself have carefully investigated everything from the beginning, I too decided to write an orderly account for you, most excellent Theophilus, ⁴ so that you may know the certainty of the things you have been taught.

As I write this article today, Christmas is less than 9 weeks away, and it won't be long before we are all taken up with the hustle and bustle of the season.

Sadly Christmas, like much of the Bible, has lost its Christian significance for most of the population in the UK. They see the Bible as out of date and of no value, and its content made up of ancient stories and outdated practices with no contemporary relevance. Stories like the Christmas story have become regarded almost as fairy tales. Next month, my article will be about the birth of Jesus at the first Christmas, but this month I would like to try and explain why the account of Christmas in the Bible should not be ignored, but should be known and reflected on by everyone.

Luke's Gospel is the third book in the New Testament, and Chapter 2 tells us about the birth of Jesus and some of the happenings surrounding that event. However, the first four verses of the book, Luke 1 v 1-4, tell us how and why Luke wrote this book.

1. In verse 4, we see that Luke wrote this book for the benefit of another person, probably a friend, Theophilus. The book didn't just happen – Luke wrote it for a purpose – in order to inform someone about something. It therefore informs us too, even although we are reading it 2000 years later.
2. If we return to verse 1, Luke tells us that many people had written down an account of certain events – we know from reading the book that he is referring to Jesus's life.
3. However, verse 3 tells us that Luke himself had investigated everything from the beginning so that he could write an orderly account.
4. Verse 4 tells us why. Luke wanted his friend, Theophilus, to know the certainty of things he had already learnt about Jesus.

So, when we read Luke's Gospel, it's important to realise that it has been written with care, based on the author's careful investigation and on eyewitness accounts of the events he describes. With this in mind, let me encourage you to read chapters 1 and 2 of Luke, his account of the Christmas story.

Chapter1: <https://www.biblegateway.com/passage/?search=Luke+1&version=NIV>

Chapter 2: <https://www.biblegateway.com/passage/?search=Luke+2&version=NIV>

News at Bridgmead

Over the last few months, our Day Club Ladies have been very busy knitting hats, snoods and texting gloves ready for the 'Friends Christmas Fayre' on the 9th December at Bridgmead. We're so pleased for their hard work and look forward to the Fayre which hopefully will be a success. I know the Day Club Ladies are enjoying their involvement in the Christmas Fayre.

We had a visit from Terry and Jenny the Ballroom Dancers. The residents enjoyed their performance. On the same afternoon Students from King Edward's School were at Bridgmead for their weekly visit and they all joined in with the fun.



During September some of our residents enjoyed a day trip to Weston Super Mare. They all enjoyed their fish and chip lunch on the promenade. They were all so full up that they didn't even fancy the afternoon treat of an Ice Cream!!!



ENTERTAINMENT AT BRIDGEMEAD NOVEMBER 2023

Wednesday	1st November	Danny Guest - Singer
Wednesday	8th November	D-Day Dolly- Remembrance Performance
Thursday	16th November	Mike Renton - Sing-a-long
Friday	17th November	Phil Smith - Guitarist
Tuesday	28th November	Danny Guest – Singer
Wednesday	29th November	Steve Burley - Magician



**Come and join Bridgemead Day Club 10am – 4pm
Arrive at 10am and enjoy a cup of coffee or tea
along with a chat and if you would like a challenge
how about a group quiz or crossword?**

A lovely lunch will be provided.

**In the afternoon we have various activities
ranging from Entertainers, Arts and Crafts, Sing-alongs
and much more.**

At 3pm the 'Grand Finale' - Tea and cake.

**"Thank you for a most enjoyable day"
just one of many compliments from
Club Members.**

Cost: £31 per visit – payable monthly in arrears

**Carers for and friends of Day Club members - please consider contributing to our funding at
Bridgemead – in particular we have a major flood risk mitigation building project which urgently
needs funding.**

<https://www.bridgecare.org.uk/donate/>

Trustee Message

[One for the Quizzers amongst you. What figure of speech is this ? “A man a plan a canal Panama” \(answer at the end\).](#)

November 2023 marks the 35th anniversary of Planning approval being granted for Bridgemead.

Do you like planning ahead ? Someone has said that in business, failure to plan is planning to fail.

At this time of year we often hear “What plans do you have for Christmas ?” especially with modern families being geographically spread.

I had great joy in attending my son’s wedding in September. He and his wife-to-be spent many hours planning the event. They did a terrific job and the day was fun for all.

We do plan ahead, even if naturally we don’t like doing so. Our reticence may come from past well laid plans that have failed to materialise. Our “best laid plans” are often derailed by events – the 2008 Financial crisis, COVID, and so on.

When are you going to retire ? is a question that is increasingly put to me – do I look that old ?

Planning can be hard work – ask any care home manager about a staff rota ! But it is necessary for many situations.

Luke 12 v 18 reminds us not to plan ahead in a Godless, materialistic unthinking way. But it is necessary for many situations. As Trustees we regularly review planning for operational events, but also take time to look forward.

Two quotes from the prophet Jeremiah offer great consolation, to those of us who look ahead with some trepidation. 29 v 13 says “I know the plans I have for you”. And then 33 v 3 says “Ask me and I will show you great and unsearchable things that you do not know about”.

And for the Quizzers, who didn’t get the answer to the question at the start, it’s a palindrome. It reads exactly the same backwards.

Graham Barber

Trustee

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

I'm typing this on a beautiful crisp Autumn morning – I think that the weather is preparing us for Guy Fawkes night! How exciting it was as a child to set light to our bonfire and guy in readiness for the fireworks! Then as the fire was dying down, we dug out our jacket potatoes from the ashes and ate them with mugs of soup! I understand that Bridgemead is making a guy this year- that was one of the proposals made at the Residents' coffee morning that I attended in October.

Our musicals quiz with soup and pud, although not well supported was a very happy night for those of us who did attend. Helen Schofield devised the quiz and was also our master of ceremonies. She was ably assisted by Sue Poole – both being members of Weston Village TG whose members incidently, accounted for a third of the attendance so many thanks for their support! Thanks are also due to the committee who provided delicious soup and puddings and Ryan, Hilary and the staff of Bridgemead for their help. We made a profit of £300.

Our Christmas Fayre is to be held on Saturday 9th December from 2.30 pm at Bridgemead. Stalls will include greeting cards, tombola, cakes, books, crafts, mystery bags and one selling Residents' handicrafts. We shall also be holding a raffle which will be on display at Bridgemead a couple of weeks prior to the Fayre. Refreshments of mince pies/tea/coffee will also be available.

This is always a happy occasion so we hope to see many of you there!

Keep snug and warm

Una

Giving

Find out how to give to support different aspects of what we do on <https://www.bridgecare.org.uk/volunteer/how-do-i-donate/> or by giving online at <https://www.bridgecare.org.uk/donate/>

We continue to retain a Local Giving page the link for which can be found at the bottom of <https://www.bridgecare.org.uk/volunteer/how-to-fundraise/>

Bridgemia

Find Bridgemia on our home page at <https://www.bridgecare.org.uk/>
If you would prefer to receive your copy of Bridgemia by e-mail, please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

Jobs

We also now have a page for Staff Vacancies on the website.
<https://www.bridgecare.org.uk/about/staff/vacancies/>

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