

# Bridgemedia Newsletter May 2023



## **HERBS & SPICES WORDSEARCH**

G	С	R	R	N	S	Α	L	L	S	Р	I	С	Ε
P	Α	Α	Α	S	T	Α	R	Α	N	Ι	S	Е	T
Α	Υ	F	Ε	N	N	Е	L	Т	I	N	S	R	Α
Р	E	C	R	G	R	Т	E	S	U	M	Α	N	R
R	N	L	N	0	С	N	E	I	Α	L	E	В	R
I	N	0	L	E	S	I	Υ	E	G	L	Ε	Α	Α
K	Ε	٧	R	R	M	E	N	0	С	L	T	Υ	G
Α	Р	Е	Ε	L	N	Υ	М	N	D	Ι	L	L	0
C	E	S	G	I	Α	U	Н	Α	Α	G	R	E	N
I	Р	E	N	S	D	0	T	Т	R	M	N	Α	I
Α	Р	E	I	Α	G	Α	E	М	I	Υ	0	F	M
N	Ε	L	G	В	0	N	Α	G	E	R	0	N	U
G	R	U	M	С	N	С	M	S	Α	G	Ε	0	С
R	0	L	Υ	I	L	Т	U	R	М	Е	R	I	С

SALT GINGER SAGE PAPRIKA **OREGANO** ROSEMARY BASIL CAYENNE PEPPER DILL CUMIN BAY LEAF TURMERIC **CLOVES** FENNEL ALLSPICE STAR ANISE **TARRAGON** NUTMEG CINNAMON THYME



Sadly we say goodbye to:

Residents: Ruby R

**Derek W** 

Previous Dayclub: Hilda (Mitch) M

Our love and thoughts go out to their family and friends.



**Happy Birthday to:** 

Residents: Madge N

Mary S

Rosemary G

# Alan Dickson - Chaplain After Easter: The Emmaus Road Luke 24 v13-25



The story of the Emmaus Road in the Gospel of Luke is a beautiful account of Jesus meeting two of his disciples after rising from the dead, Cleopas and possibly his wife.

You can read the story yourself on this link.

https://www.biblegateway.com/passage/?search=Luke+24&version=NIV

Jesus had just been crucified 3 days earlier, and the two disciples were walking from Jerusalem back to Emmaus when a stranger joined them on their walk. It wasn't long before they started to discuss Jesus and his death and the reports of his resurrection. The disciples were obviously confused about all these events, but it soon became clear that the stranger wasn't. He seemed to understand it all.

He said to them "How foolish you are, and how slow to believe all that the prophets have spoken! Did not the Messiah have to suffer these things and then enter his glory".

Then beginning with Moses and all the Prophets, he explained to them what was said in the Scriptures concerning Jesus. Only later, when the three of them had finished their journey and they all sat down to eat in the disciples' home in Emmaus, did the disciples realise that the "stranger" was no stranger at all – the "stranger" was Jesus himself. Their reaction when they realised this - "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?" Wow - what a moment!

Jesus comes to us even now – not in the same way as he came to Cleopas and his companion, but through the Bible itself. Even then, 2000 years ago, when Jesus spoke to these two disciples about what had been happening in Jerusalem over the previous few days, he immediately took them straight to the Old Testament scriptures to provide the explanation.

As the story tells us: "Did not the Messiah have to suffer these things" – Jesus had to die to pay the penalty for our sins. That is what the whole Bible is about – The Old Testament beginning with Moses and all the Prophets, foretold that one day, Jesus was going to come to this earth and suffer. The New Testament, which we now have also, tells us what happened when he did come. We can each meet Jesus now if we read the Bible – and if we do, Jesus will open our understanding about Himself and about ourselves.

Many people never think of reading the Bible nowadays. Allow me to encourage you to start if you don't already. I have free copies of the New Testament available at Bridgemead if you would like one.

## **NEWS AT BRIDGEMEAD**

During April we had a great time with the arrival of the chicks. Within 2 days of the eggs arriving the first chick started to hatch and from then a total of 9 chicks made their appearance at Bridgemead. Residents enjoyed their cuddles with the chicks as you can see from the photos below. Some nursery school children also wanted to come and visit and have a cuddle with the chicks. The visit from the children was lovely as we all enjoyed their excitement and enthusiasm.











When the chicks were ready to leave Bridgemead some of them were rehomed with one of our carers family. Her grandson was delighted to collect them and is keeping us updated with their new arrivals.

## The chicks a few weeks later!!





# **ENTERTAINMENT AT BRIDGEMEAD MAY 2023**

Wednesday	3rd	2.00pm	Now & Then - Group			
Friday	5th	Pre Coronation Buffet Lunch followed at				
		2.00pm	Mini Concerts			
Thursday	11th	2.00pm	<b>Terry &amp; Jenny Ballroom Dancers</b>			
Wednesday	17th	2.00pm	Stevie Wander - Magician			
Wednesday	24th	2.00pm	Clare Page - May Traditions			
Friday	<b>26th</b>	11.00am	Prior Park School - Choir			
Tuesday	30th	2.00pm	Shannon Kitchen - Singer			

#### **Trustee Message**

Those who know me well, may think it strange that I should talk about clothing. I am not renowned for my dress sense.

But the clothing that we wear – the way that we dress, by choice or otherwise, often says a lot about us. Think of the English Civil War – the Cavaliers and Roundheads could be distinguished on the battlefield by their different uniforms. Role forward to the Sixties and there were Mods and Rockers – distinguishable by the different gear that they wore and bikes that they rode.

In emergency response scenarios, with fire, ambulance and police in attendance, the fact that they wear different colour uniforms helps them to identify their colleagues and eliminate confusion in the response.

School uniform is something most of us will have worn at some time, and many of us will remember having tried to bend the rules, whether it was boys with flared trousers or girls with skirt lengths.

In our present context, whether within hospital or care home settings, staff of different disciplines wearing different colour uniforms helps patients and families to identify the right person if assistance is needed.

Our clothing can identify us, willingly or otherwise. In one of Jesus's most well known parables, "The Good Samaritan", the man who is robbed and beaten and left for dead on the side of the road has been stripped of his clothing. People passing by would not have been able to identify which religious or cultural group he belonged to. His dignity has been taken from him. He has been reduced to the status of a human being in need.

Listening to a talk on the radio about the Easter message this year, I heard for the first time how the soldiers cast lots to divide Jesus's garments. Many historians believe that this may have been a single woven tunic which Jesus mother would have made for him, ie a precious garment. It was taken from him. Jesus was therefore similarly devoid of dignity, like the man beaten by the robbers in the parable.

The Bible has to say about our clothing, from Adam and Eve and their nakedness, to the story of Joseph and the coat of many colours, through to the splendour of the New Jerusalem in the book of Revelation.

But perhaps there are two thoughts in conclusion.

The first is military. The Apostle Paul talks of the uniform/clothing worn by the Roman soldier (Ephesians 6 v11) and how we are to put on the whole armour of God. Truth, righteousness, readiness, the shield of faith, the helmet of salvation.

Secondly, in contrast, 1 Peter 5 v5 exhorts us all to "clothe ourselves in humility" referencing back to the Old Testament where those who are humble are given grace.

**Graham Barber** 

#### FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

I'm sure that many of you are making plans for your Summer holiday – isn't it grand to be able to choose where to go without having the restrictions that were imposed on us by Covid!

It's not all rosy though - Roy and I were due to fly to Bordeaux last month and the day before flying the flight was cancelled – the good old French were on strike again!

The Easter Fayre was very successful with a good turn out of supporters – many thanks to everyone who helped, contributed or attended – a profit of approximately £350 was made. As always thank you to Ryan and the staff of Bridgemead for all their help.

A reminder that the Annual General Meeting will be held at Bridgemead on Monday 10 July at 7.30pm. It will be so good if some of you are able to attend the meeting – suggestions and ideas for future events are always very welcome. Refreshments will be served.

The very popular Strawberry Tea will take place at Bridgemead on Saturday 22 July at 2.30pm. Come and enjoy a delicious Strawberry Cream Tea for just £2.50 and catch up on all the news with friends! There will also be a chance to buy greetings cards and gifts as well as having a go on the raffle!

We all very much look forward to seeing you at one or both of these events.

Lastly a reminder that your annual subscriptions are now due. If you have opted to pay by Standing Order thank you very much! Otherwise please send a cheque to the Treasurer -

Judith Roach, 73, Dovers Park, Bathford, Bath BA1 7UD

or by Bank Transfer to-

**FOB** 

Account 03921862 Sort Code 30-90-54

Thank you, Una



Come and join Bridgemead Day Club 10am – 4pm
Arrive at 10am and enjoy a cup of coffee or tea
along with a chat and if you would like a challenge
how about a group quiz or crossword?
A lovely lunch will be provided.
In the afternoon we have various activities
ranging from Entertainers, Arts and Crafts, Sing-alongs
and much more.
At 3pm the 'Grand Finale' - Tea and cake.
"Thank you for a most enjoyable day"
just one of many compliments from
Club Members.

Cost: £31 per visit – payable monthly in arrears

Carers for and friends of Day Club members - please consider contributing to our funding at Bridgemead – in particular we have a major flood risk mitigation building project which urgently needs funding.

https://www.bridgecare.org.uk/donate/

#### **Giving**

Find out how to give to support different aspects of what we do on <a href="https://www.bridgecare.org.uk/volunteer/how-do-i-donate/">https://www.bridgecare.org.uk/volunteer/how-do-i-donate/</a> or by giving online at <a href="https://www.bridgecare.org.uk/donate/">https://www.bridgecare.org.uk/donate/</a>

We continue to retain a Local Giving page the link for which can be found at the bottom of https://www.bridgecare.org.uk/volunteer/how-to-fundraise/

#### **Bridgemedia**

Find Bridgemedia on our home page at <a href="https://www.bridgecare.org.uk/">https://www.bridgecare.org.uk/</a>
If you would prefer to receive your copy of Bridgemedia by e-mail, please let us know on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you have something you think would be of interest, anecdotes, personal recollections, news events, short poems or anything relevant would be welcome.

#### Jobs

We also now have a page for Staff Vacancies on the website.

https://www.bridgecare.org.uk/about/staff/vacancies/

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Our mailing address is:

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