



**bridgemed**

**Bridgemed  
Newsletter  
March 2023**



**SPRINGTIME IN BATH**

# Earth Moon and Sun

O	R	E	V	O	L	V	E	O	B	I	S	A	E
F	U	E	H	I	G	H	T	I	D	E	R	I	C
I	L	R	O	T	A	T	E	I	O	S	C	S	I
G	E	S	P	I	L	C	E	R	A	L	O	S	T
R	E	L	U	L	O	W	T	I	D	E	N	B	S
S	E	S	E	T	T	V	I	V	R	V	G	N	L
L	E	V	D	N	E	W	M	O	O	N	I	N	O
W	A	X	I	N	G	G	I	B	B	O	U	S	S
E	T	B	T	U	A	T	U	E	R	I	P	N	R
I	E	S	P	I	L	C	E	R	A	N	U	L	E
T	I	D	A	L	B	U	L	G	E	R	A	L	M
S	S	V	E	R	G	A	T	E	I	L	E	L	M
S	I	R	N	F	U	L	L	M	O	O	N	L	U
N	T	E	S	S	A	U	T	S	I	X	A	D	S

WAXING GIBBOUS  
 NEAP TIDE  
 SUMMER SOLSTICE  
 HIGH TIDE  
 LUNAR ECLIPSE  
 TIDAL BULGE  
 NEW MOON  
 FULL MOON  
 AXIS  
 ROTATE  
 REVOLVE  
 LOW TIDE  
 SOLAR ECLIPSE

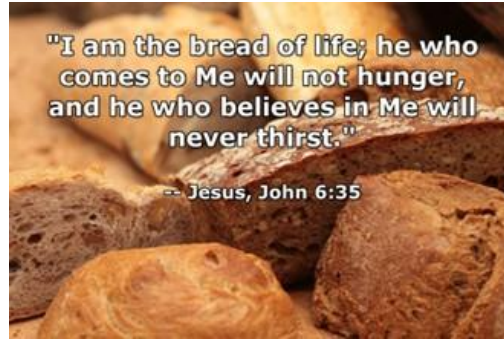


**Happy Birthday to:**

**Resident:** Hilary M-P  
 Kay S  
 Betty B  
**Day Club:** Sandy

## Alan Dickson - Chaplain

Jesus said: "I am the Bread of life".



In John's Gospel, Jesus tells us that he is the BREAD of LIFE. *"Whoever comes to me, will never be hungry, and whoever believes in me will never be thirsty"* John 6 v 35.

This statement of Jesus is one of many in which Jesus uses metaphorical language to help us understand who he was then, and who he is now. What did Jesus mean?

To help us appreciate the significance of what Jesus said, we should understand the context in which he was speaking. At the beginning of John Chapter 6, Jesus had just fed 5000 hungry people with only five loaves of bread and two fish – one of Jesus's best-known miracles – indeed the only miracle that is told in the four Gospels in the Bible - Matthew, Mark, Luke, and John. The people were so amazed by this miracle that some of them wanted to make Jesus their king there and then, right away. So, Jesus responded by making this statement, "I am the Bread of Life". What did he mean?

Jesus was not referring literally to bread that we can eat - no, he was referring to something much more valuable – to the spiritual food and nourishment that he offered to them then, and that he offers to us now. Just as physical food sustains the body, Jesus offers spiritual food that nourishes the soul and gives us eternal life.

When the people heard Jesus talk about bread, it was very symbolic. Bread was a normal food then in their time, one of their staples, just as it is in our time, even now. It was symbolic of food – something we all need for life. Jesus, by claiming to be the Bread of Life, was saying that he was essential for their, and now our, spiritual survival. He is the source of spiritual life, providing spiritual sustenance that can sustain us forever, not just for our lives on earth, but for all eternity.

When we look at the verse above (John 6 v 35), we see that Jesus was also showing the importance of faith. After Jesus says, *"I am the Bread of Life"* he then goes on to say, *"Whoever comes to me, will never be hungry, and whoever believes in me will never be thirsty"*. It is through faith in Jesus that we can have eternal life. Believing in Jesus is not just believing that he existed. It means that we believe that He is God's Son, and that we accept that he died to take away our sin. It is only through this faith that we can receive the spiritual food that Jesus offers and then receive the eternal life he promises

## News at Bridgemead

We've had lots of entertainment at Bridgemead during February.

"Now & Then" performed for us and as usual we had residents joining in with the group including some dancers amongst us!



We also had lots of fun when Stevie Wander, the magician, came in to entertain us. He performed some amazing tricks along with a Sing-a-long of famous movies. Such a good afternoon for all.



**We were so lucky to be able to host a visit by the Artiance Youth Orchestra this week at Bridgemead. The Orchestra are from the Dutch city of Alkmaar, which is Bath's oldest twin city. Bath formally adopted Alkmaar, with the permission of the Dutch Queen, in March 1945. The orchestra consisted of 50-plus young musicians aged 12 - 18 years of age. A couple of young actors told the story of how Bath and Alkmaar came to be twinned.**

**The orchestra and performers were amazing. Deputy Mayor, Bath Councillor Michelle O'Doherty, came along and joined in with one of the pieces playing the cello.**

**We feel so privileged to have been chosen to host such a wonderful performance. Many thanks to Chris Davies, Chairman of the Bath-Alkmaar Twinning Association.**



**Cllr Michelle O'Doherty and Otto the Conductor**

## ENTERTAINMENT AT BRIDGEMEAD MARCH 2023

Wednesday	1st	2pm	Danny Guest - Singer
Wednesday	8th	2pm	Terry & Jenny Ballroom Dancers
Tuesday	14 <sup>th</sup>	2pm	Mike Renton – Sing-a-long
Thursday	16th	2pm	Mini Concerts – The Mersey Show
Wednesday	22nd	2pm	‘Now & Then’- Singing Group
Wednesday	29th	2pm	David Kniveton - Flute Player
Friday	31st	2pm	Phil Smith - Guitarist sing-a-long

## FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

As I type this many of you will be putting the old greys cells to good use at the Fish and Chip Supper and Quiz! Thank you so much to Liz Cocks and her family for arranging this very popular fundraiser yet again!. I'm so very sorry to miss the evening – first time ever that I won't be there but I'm sure you'll all have a fun evening! However, I shall be with my family in Sherborne – a lovely get together with everyone!

A reminder that the Bridgemead Easter Fayre will take place at Bridgemead on Saturday 1<sup>st</sup> April at 2.30pm. Stalls will include our famous Easter Egg Tombola, cakes and crafts. Refreshments of tea/coffee and Easter biscuits will be on sale at £2.

As always we shall be delighted to see as many of you as possible at the fayre as we rely greatly on your support. A great deal of work goes into our fundraising events so it's always gratifying to have the support of you all.

Lastly a big thank you to all the committee and to Ryan and staff at Bridgemead for making these events possible.

The Spring will soon be with us, a wonderful time of the year so enjoy!

See you all soon,

Una

## Trustee Message

As I write this it's a beautiful day - but very cold! I am involved with the Roman Baths as a Visitor Experience Host, and often meet visitors from other countries all over the world. This includes California and I always say to people from there "It's colder here than where you come from". Well at the moment that isn't true - over there they are experiencing snow of the kind which is very rare in western USA. Better to be in Bath!

Talking of the Roman Baths, it is wonderful being able to meet and help so many people from this country and abroad as they visit. Many of you will have been yourselves - I love having the privilege of working at a place that is one of the very top tourist attractions in the country and which features the Great Bath: I often reflect on how lucky I am to have that as my office!

The Romans, of course, believed that the spring water must involve the goddess Sulis Minerva. How else could so much hot water come out of the ground naturally, after all? The Georgians, who also thought the Baths had healing properties, believed that drinking the water in large quantities would somehow cure stomach ailments. These days we take a more scientific approach, reckoning that if the water does any good at all it is to do with its heat soothing muscular ailments. Isn't it amazing how medicine has moved on over the years? We are so lucky to have our NHS, which, despite all its problems and pressures, continues to be one of the very best things about living where we do. How many people reading this article have cause to be grateful for medical services provided in recent months? Probably most of us, and we would do well to be grateful rather than taking it for granted.

And that leads me to think of the wonderful care provided at Bridgemead. We are so fortunate to have people to look after all the residents in such a caring and skillful way. I hope we are all appreciative of the many good things which go on every day, and that we take opportunities to thank the staff regularly.

So that is my message - let us, as the old chorus says "count our blessings, name them one by one" - and if we do so I believe that not only will others be grateful, but it will help us too.

Tim Dewes  
Trustee



**Come and join Bridgemed Day Club 10am – 4pm  
Arrive at 10am and enjoy a cup of coffee or tea  
along with a chat and if you would like a challenge  
how about a group quiz or crossword?**

**A lovely lunch will be provided.**

**In the afternoon we have various activities  
ranging from Entertainers, Arts and Crafts, Sing-alongs  
and much more.**

**At 3pm the ‘Grand Finale’ - Tea and cake.**

**“Thank you for a most enjoyable day”**

**just one of many compliments from Club Members.**

### **Giving**

**Find out how to give to support different aspects of what we do  
on <https://www.bridgcare.org.uk/volunteer/how-do-i-donate/> or by giving online  
at <https://www.bridgcare.org.uk/donate/>**

**We continue to retain a Local Giving page the link for which can be found at the bottom  
of <https://www.bridgcare.org.uk/volunteer/how-to-fundraise/>**

### **Bridgemia**

**Find Bridgemia on our home page at <https://www.bridgcare.org.uk/>**

**If you would prefer to receive your copy of Bridgemia by e-mail, please let us know  
on [admin@bridgcare.org.uk](mailto:admin@bridgcare.org.uk)**

**All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If  
you have something you think would be of interest, anecdotes, personal recollections, news  
events, short poems or anything relevant would be welcome.**

### **Jobs**

**We also now have a page for Staff Vacancies on the website.**

**<https://www.bridgcare.org.uk/about/staff/vacancies/>**

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**Our mailing address is:**

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