



bridgemead

Bridgemedi Newsletter November 2022



London

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 THE SHARD
 TOWER BRIDGE
 FASHION
 RAINY
 RICHMOND
 HACKNEY
 COOL
 COLD
 BUS



Sadly we say goodbye to:

Resident: Ann R
 Harold I

Our love and thoughts go out to their family and friends.



Happy Birthday to:

Residents: Mary W
 Zoe C
 Sally K

Alan Dickson - Chaplain
Road Traffic Accident

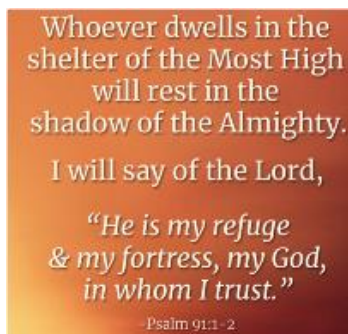
Hello again everyone. Its particularly special for me to be able to write this little message because my wife and I were involved in a serious road traffic collision, only one week ago. We were quite near home and an oncoming car swerved over to our side of the road – my wife was driving and she swerved to the left to try and avoid the collision, but the car hit us very hard. My wife fractured her sternum, but I got off with just a few bumps. Later we found out that near our accident, there had been two more within 16 hours of ours, and in one of the accidents, sadly a lady had died.

Such events are “*big*” in our lives and cause reflection and questions.

As Christians, we ask why did this happen to us? Why were we involved in such a serious accident but have relatively minor injuries? Why have we survived this “*brush with death*” when many other similar accidents lead to fatalities. Why, why, why?

Of course, even as I think and ponder these questions, I know that the answer to them all is “*don’t know*” and the probability is that we shall never know.

However, as Christians we do know that God knows the answer to these questions - and many more. My wife and I trust God and are so grateful that we have been spared for purposes and a future, as yet unknown. I have been reminded of Psalm 91 – sometimes known as the “*Psalm of Protection*”, possibly the chapter in the Bible that speaks most of God’s protection for those who have put their faith in Him, for those who have accepted Jesus as their own Saviour. Unusually, we don’t know who wrote this psalm, but the author wrote from his experience:



Whoever dwells in the
shelter of the Most High
will rest in the
shadow of the Almighty.
I will say of the Lord,
“He is my refuge
& my fortress, my God,
in whom I trust.”
- Psalm 91:1-2

These verses don’t mean that Christians are immune to difficulties of all types, to problems, to illness or eventually to dying. However, the Psalm assures us that if we are Christians, God is there, and God is there with us, protecting us and looking after us in all circumstances for our blessing and his purposes.

There are another 2 verses which I feel applies to my wife and I, and from which we must learn from our recent experience – 1 Corinthians 1 v 3-4.

³“Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴ who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God”.

As Christians, we are all called to be like Jesus - kind, sacrificial, compassionate and caring. We, this week, have experienced this kind of care from our church, from our Christian friends and our family and also from God, for which we are very grateful.

The messages of these two short Bible passages seem more apposite than ever in the troubled times in which we live.

If you're reading this as a non-Christian, Jesus calls you to put your trust in Him. Jesus wants you to trust in Him and come to know his presence and his care in your life.

For those of us who are Christians, let us look for those who are in any trouble or difficulty so that we can comfort them with the comfort we ourselves receive from God.

I encourage you to read Psalm 91 for yourself - its freely available on the link below on biblegateway.com

<https://www.biblegateway.com/passage/?search=Psalm+91&version=NIV>

FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

Well here I am writing my piece for the November edition of Bridgemedians – how did the year manage to slip by so quickly I wonder!

When your committee met a couple of weeks ago they decided to arrange a bit of Christmas Cheer for Saturday 3rd December at Bridgemead, 2.30pm. We shall be serving refreshments of tea/coffee and mince pies which will cost £2 – a bargain! Flamingo Paperie will have a stall and will sell all kinds of greeting cards, wrapping paper and small gifts. We are also organising a Bottle Bag stall – pay a £1 and choose a bag – you'll be surprised what's inside! There will also be a few craft items on sale too. We intend to hold a raffle which we hope will be able to run a week or two before the event in Bridgemead so please come in and buy a ticket, particularly if you are unable to attend on the day. Tickets will cost £1 each and the prizes will include a well-stocked hamper.

Details of the February Quiz and Fish & Chip Supper will appear in the December edition of this newsletter so watch this space.

**Best wishes,
Una**

News at Bridgemead

We had a visit from Steve Wander the Magician in October. The residents and visitors thoroughly enjoyed his performance and one trick, in particular, had us all amazed as to how it was possible!! These are the photos taken at each stage of the trick. The first photo shows a blank colouring book. The second photo shows pictures that have been added to the book and the third photo shows the pictures painted in. Now that's Magic!



Alan Ashworth – Retired Chaplain - Bridgemoor

The Residents, Staff, Trustees and visitors enjoyed an afternoon with Alan and Viv Ashworth to say “Thank You” for their support over a number of years at Bridgemoor.

The Trustees presented Alan with a Garden Stake and a Garden Voucher. We received a photo and message from Alan for all to see:

‘ Hi all, Thought that you might like to know that we have bought a tree and a shrub with the Garden Voucher from the Trustees. It is now planted and a photograph is attached. The tree is a Mountain Ash (Sorbus) and the shrub is a Viburnum. We shall look forward to seeing them grow. Every blessing,’ Alan

The residents presented Alan with a cushion with words of true meaning from all at Bridgemoor.



Entertainment at Bridgemoor - November 2022

3rd November	2pm	Phil Smith - plays guitar and sings
7th November	2pm	David Kniveton - Flautist & Pianist
9th November	2pm	Danny Guest - Singer
16th November	2pm	Now & Then - Singing Group
23rd November	2pm	Mike Renton - Sing-a-long
31st November	2pm	Shannon Kitchen - Singer

Tilly Wood - Trustee

As we get older, we sometimes forget something we went upstairs for and remember things, even from years ago, as if they were yesterday. About the time Hilary reminded me that it was time to write this article, some reminiscences from my childhood came to mind; here they are...

I grew up on a main road in Hornsey, North London. But it wasn't busy compared with the seemingly constant streams of traffic today. Back then most people didn't own a car. We relied on "shanks' pony", buses and trains. It was only a 5-10 minute skip, walk or run to our local primary school but more like a 45 minute slog to the grammar school, after passing the 11 plus. But then I often got to see the 'Flying Scotsman' rushing past beneath my feet as I walked over the railway bridge.

As autumn is upon us the leaves are turning colour or falling in great drifts just waiting to be marched through and kicked around. Did you do that as a child? I certainly did and the 'big kid' in me still does. Signs are now up for the big paid firework displays. It was all much lower key (and dangerous?) when I was young. My mum was widowed with 4 young children (I was the baby at the time) so the family budget didn't stretch to buying fireworks; we children had to raise the funds ourselves. We used old clothes to make ourselves a Guy Fawkes and sat him on the pavement shouting "penny for the guy". Probably not something we would encourage these days!

Mum was kept busy working and looking after us four; so we were often left to our own devices in school holidays. We played lots of cards and board games; went to the park when it wasn't raining and to the swimming pool if it was warm enough – a lido where older boys 'chatted up' the girls; my eldest brother showed off his prowess on the high diving board. A treat walking home from swimming was a penny worth of crackling at the fish and chip shop – seriously unhealthy but very yummy.

Much loved was Saturday morning pictures – do you know the song ...”and every Saturday we line up to see the films we like and shout about with glee ... we are the minors of the ABC”. Well worth the 6d.

There were other amusements that didn't cost anything. Playing knock down ginger (I'm very thankful children don't know the game these days and don't do it to me!). Going for a long walk into London until we thought we were lost then finding our way home (remember this is before 'stranger danger'). Another amusement relied on the fact we lived near a busy main line train station without barriers. We would get onto a train, travel up the line, then get out and cross to the platform and get onto a down train - without ever buying a ticket if we could get away with it. This didn't include the Flying Scotsman which didn't stop at Hornsey; perhaps just as well or I might have ended up in Edinburgh! Let me assure you I am now reformed and follow honesty as the best policy instead of following my siblings.

God bless you
Tilly Wood



**Come and join Bridgemed Day Club 10am – 4pm
Arrive at 10am and enjoy a cup of coffee or tea
along with a chat and if you would like a challenge
how about a group quiz or crossword?**

A lovely lunch will be provided.

**In the afternoon we have various activities
ranging from Entertainers, Arts and Crafts, Sing-alongs
and much more.**

At 3pm the ‘Grand Finale’ - Tea and cake.

**“Thank you for a most enjoyable day”
just one of many compliments from
Club Members.**

Cost: £31 per visit – payable monthly in arrears

Giving

Find out how to give to support different aspects of what we do
on <https://www.bridgecare.org.uk/volunteer/how-do-i-donate/> or by giving online
at <https://www.bridgecare.org.uk/donate/>

We continue to retain a Local Giving page the link for which can be found at the bottom
of <https://www.bridgecare.org.uk/volunteer/how-to-fundraise/>

Bridgemed

Find Bridgemed on our home page at <https://www.bridgecare.org.uk/>

If you would prefer to receive your copy of Bridgemed by e-mail, please let us know
on admin@bridgecare.org.uk

All contributions to this newsletter are welcome from residents, relatives, staff and volunteers. If you
have something you think would be of interest, anecdotes, personal recollections, news events, short
poems or anything relevant would be welcome.

Jobs

We also now have a page for Staff Vacancies on the website.

<https://www.bridgecare.org.uk/about/staff/vacancies/>