



bridgemead

**Bridgemia
Newsletter
September 2022**



Board Games

T	R	S	E	T	S	A	T	A	A	E	I	E	I
E	R	W	T	B	C	I	W	A	S	E	C	H	E
R	E	R	T	R	R	R	I	N	L	Z	R	C	E
W	C	I	I	S	A	G	S	N	Z	T	A	O	P
E	R	S	E	O	B	T	T	R	E	H	N	P	I
O	O	K	G	R	B	S	E	U	C	A	I	E	H
H	T	T	T	R	L	E	R	G	G	Y	U	R	S
W	W	S	T	Y	E	L	O	L	O	R	M	A	E
S	P	I	C	T	I	O	N	A	R	Y	B	T	L
S	S	I	Y	R	O	N	S	L	I	H	R	I	T
E	N	Y	G	M	D	N	I	O	W	Z	S	O	T
U	O	Y	R	N	U	O	S	S	E	H	C	N	A
G	O	E	T	E	L	O	L	L	E	H	T	O	B
U	A	O	J	E	N	G	A	A	I	B	E	T	U

BATTLESHIP
LUDO
PICTIONARY
SCRABBLE
YAHTZEE
OPERATION
JENGA
STRATEGO
RISK
GUESS WHO
TWISTER
SORRY
CRANIUM
CHESS
OTHELLO



Happy Birthday to:

Resident: Iris S
Thomas C

Alan Ashworth - Chaplain

“Rejoice in the Lord always!”

“This is the day the Lord has made; let us rejoice and be glad in it.” Psalm 118:24

A friend of ours who lives in mid Wales in quite a big house with a big garden and a beautiful view over the Brecon Beacons says every morning on looking at that view, “This is the day the Lord has made; I will rejoice and be glad in it.” This is from Psalm 118; Psalm 100 also says, “Shout for joy to the Lord, all the earth.” The Bible, in both Old and New Testaments speaks so many times about joy. Paul says in Philippians 4, “Rejoice in the Lord always. I will say it again: Rejoice!” Peter in his first letter speaks about “believing in Jesus and being filled with an inexpressible and glorious joy.” There is a great difference between joy and happiness. Happiness largely depends upon people or circumstances that make us happy. Joy does not depend upon people or things but comes from inside us. In the Bible, almost all expressions of joy come from God himself. Paul doesn’t say, “Rejoice in your circumstances” but “Rejoice in the Lord.” If we are honest, it is often difficult to rejoice in some of our circumstances. This can be because some of the things that happen to us are painful or sad and we wish that they hadn’t happened. When we look at some of the things happening around the world or even in our own country our immediate reaction is not certainly one of rejoicing. However, when we consider God’s attributes and what He has done we can certainly rejoice in Him. God is loving, faithful, forgiving and the list could go on and on. Perhaps the verse in the Bible which best expresses God’s love and which should bring us joy is John 3:16: “For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life.”

News at Bridgemoad

Our latest outing for the residents was to the 'Salt and Malt', Chew Valley. Everybody had a lovely lunch and afterwards they enjoyed a tour around the lake which also included time for an Ice Cream! The weather was kind and they all had a good day.

Bridgemoad now has its own 'Chauffeur' for day trips! Well done to Hayley for passing her Midas Test for Bath Community Transport which will be beneficial for our future trips.





Walk the Bath Skyline with us - 10am - 29th October 2022

A sponsored walk of the Bath Skyline is being organised in support of the Flood defence campaign for Bridgemead.

Only a short stroll from the city centre, enter another world, onto the skyline hills above Bath and beyond, through 6 miles of meadows and ancient woodlands to secluded valleys.

The invitation is open to anybody who would like take part with a finishers BBQ at Bridgemead on the 29th October 2022. If you would like a Sponsorship Form or wish to Sponsor any participant please contact Hilary at - activities@bridgecare.org.uk for more information.

Entertainment at Bridgemead

5th September	2pm	Mike Renton - Sing-a-long
22nd September	2pm	Danny Guest Singer/Rat Pack
28th September	2pm	Now & Then - Singing Group

Covid 19

As of August, families will no longer have to inform us when they plan to come into the home. Families and visitors will be able to sign in themselves.

We ask all families and visitors to please adhere to wearing face masks and that if anyone is showing signs or symptoms to please not come into the home.

Families and visitors will be required to do a LFD test if they provide personal care, feeding and washing.

Thank you for all your support during these difficult times

Kind regards, Ryan Iyavoo - Home Manager



FRIENDS OF BRIDGEMEAD

Hello Bridgemedians,

I must tell you about the lovely celebration that was arranged by Bridgemead and the Friends committee to say goodbye to Caroline and Charles Curnock. Caroline has been serving Bridgemead now for over 30 years, indeed since it's inception!

She has been such a stalwart within the Friends, always the first to volunteer to do things and support the cause. Her cakes and meringues are legendary, I really don't know what we shall do without her! Charles, as well as being a Trustee and former Chairman has always been a constant support for Caroline - we wish them all happiness with their new life in Exeter.

Among the guests was Veronica King, widow of Bridgemead's founder, Dr Ray King.. Veronica and other former associates of Bridgemead spent a happy few hours enjoying a delicious tea and reminiscing of times past. No one really wanted to leave the party!!

Our thanks go to Ryan, Heather, Rosemary, Mark, Harry and Diana for their help with the organisation of the 'party'

Nothing else to say except that your committee will meet in October to plan the Christmas events.

Enjoy September, usually one of the most pleasant months weather wise!

Una

How does it work? (A brief introduction to one of the Trustees)

How does it work and what can I make were questions I often asked as a child being brought up in India where my parents were missionaries. Toys were scarce, so for the Christmas I was five my dad had a toolbox made for me with small tools to fit my hands. I clearly remember a horrified voice in another room asking, "You don't mean it has a real blade?!!" I glanced down at the tiny plane with its sharp blade, I knew it was real. My first project was a reading lamp and at five years old I felt really insulted when my mother would not let me plug it in till the wiring had been checked – as a parent and grandparent now I have more sympathy with her concerns! My father was a pastor but was also responsible for all the mission buildings in the area, so I often joined him on the building sites – Health and Safety had not been invented then – and we only told mother after we returned from the rafters to ground level.

I enjoyed science at school and went on to study electronic engineering, which was a new course in the 60's, at Liverpool. It was through the Christian Union there that I was introduced to the greatest engineer of all time who had designed and made trillions of atoms as the minute building blocks for millions of galaxies, the creator God. I discovered that God loves people, but we had rebelled against Him, so He had sent His son, Jesus, to make a way back into the relationship He originally intended. I accepted His offer and became a Christian completely changing the direction of my life from self-serving to God serving.

Leaving university, I joined ICI to develop plastics manufacture – plastic bottles were a marvellous new development then! Soon the world was manufacturing too much plastic and the division was closed and I faced redundancy. For the next thirty years I worked in the energy industries designing and building offshore oil and gas platforms, oil refineries, and the like. I enjoyed the technical challenges, working in large teams and visiting many countries. I just regret that while we kept the lights on and made fuel for cars and planes, no one planned for the time, which we knew was coming, when oil would run out and energy prices would rise.

When I retired and moved to Bath in 2013, Geoff Weekes, who was chair of trustees, invited me to become a trustee for Bridgemed. I had no idea what I could contribute to a nursing home, but God knew what was coming! Christmas Eve 2013 the river rose to within a few inches of Bridgemed and the Environment Agency told us that climate change would increase the risk of flooding. I have worked on the flood defences and other improvements to the building ever since. Engineering was useful!

When I joined the board there were four trustees with experience in projects but three have left. We are better balanced team now, but we need someone else who can help with the building. If you, or someone you know, might be interested, please contact Nick Coates or me. It is a good team, and the work is rewarding.

John Todman Bridge Care Trustee



**Come and join Bridgemed Day Club 10am – 4pm
Arrive at 10am and enjoy a cup of coffee or tea
along with a chat and if you would like a challenge
how about a group quiz or crossword?**

A lovely lunch will be provided.

**In the afternoon we have various activities
ranging from Entertainers, Arts and Crafts, Sing-alongs
and much more.**

At 3pm the ‘Grand Finale’ - Tea and cake.

“Thank you for a most enjoyable day”

**just one of many compliments from
Club Members.**

Cost: £31 per visit – payable monthly in arrears

**Carers for and friends of Day Club members – please consider contributing to our funding at
Bridgemed – in particular we have a major flood risk mitigation building project which urgently
needs funding.**

<https://www.bridgcare.org.uk/donate/>

Bridgemed

Find Bridgemed on our home page at <https://www.bridgcare.org.uk/>

**If you would prefer to receive your copy of Bridgemed by e-mail, please let us know
on admin@bridgcare.org.uk**

**All contributions to this newsletter are welcome from residents, relatives, staff and
volunteers. If you have something you think would be of interest, anecdotes, personal
recollections, news events, short poems or anything relevant would be welcome.**

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